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PRESS RELEASE

3rd Annual Ignite the Light Suicide Prevention Concert and Events Planned for Saturday

LOGAN, UTAH - The Cache Suicide Prevention Coalition and the Northern Utah Violence Prevention Education Coalition (NUVPEC) are combining efforts to bring the 3rd Annual **Ignite the Light Suicide Prevention Event and Concert** and 3rd Annual **Food Family Fun Fair** together into one community event on Saturday, September 9 at the Cache County Fairgrounds.

"I'm proud of the way people, organizations, and sponsors are coming together to help those in need," said Cache County Executive David Zook. "It's encouraging to see how our community is so willing to serve."

The day's events will begin with a First Responders appreciation breakfast from 7 to 9 a.m. All first responders are invited to attend. All afternoon and evening events are free to families and individuals of all ages. The events will include food trucks, games, and the opportunity for organizations to share resources with community members from 4-6 p.m., followed by a luminaria walk at 6:00 p.m. Guest Speakers Tia Bee Stokes and Joe Tuiaana will then address the audience. Following their motivational words, there will be a free concert in the park featuring The National Parks Band.

"Members of the Cache Suicide Prevention Coalition and Northern Utah Violence Prevention Education Coalition are committed to preventing suicide and violence" said United Way Executive Director and Cache Suicide Prevention Coalition Chair Jimmy Birman. "Individuals and families in crisis often don't know where to turn in their time of need."

"We are planning to have more than two dozen educational resource booths," said Shellie Heyrend, CAPSA Prevention and Education Director. "Each booth will provide an engaging activity for participants and share resources related to preventing unhealthy behaviors and building protective factors."

More information about the event, sponsors, and resources can be found at:
<https://www.cachecounty.org/ignitethelight/>

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