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PRESS RELEASE

Cache County to Host Suicide Awareness and Mental Health Concert

LOGAN, UTAH - Cache County is hosting a free suicide awareness and mental health event on Monday, August 22 from 5-9 p.m. at the Cache County Fairgrounds. The evening will include food trucks and community education booths, a first responder appreciation reception at the Cache County Event Center from 5-7 p.m., and a 7 p.m. concert with musician Alex Boye.

“Community support for those experiencing mental health difficulties is important” said County Executive, David Zook. “Connecting people with resources is vital for healing. I’m thankful for the generous support of our sponsors and nonprofit organizations who make this event possible.”

This is the second-annual Ignite the Light public event. It is made possible by support from generous donors and Cache County. Those wishing to support the event may find out how to donate at www.cachevalleyignitethelight.com.

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