

**CRAIG W BUTTARS**  
COUNTY EXECUTIVE / SURVEYOR

199 NORTH MAIN  
LOGAN, UTAH 84321  
TEL: 435-755-1850  
FAX: 435-755-1981



**Cache  
County**  
1857

**COUNTY COUNCIL**

KATHY ROBISON, COUNCIL CHAIR  
GREG MERRILL, COUNCIL VICE CHAIR  
DAVID L. ERICKSON  
VAL K. POTTER  
JON WHITE  
CORY YEATES  
GORDON A. ZILLES

**June 5, 2015**

**PUBLIC NOTICE** is hereby given that the Cache County Council of Cache County, Utah will hold a **REGULAR MEETING** in the Cache County Historic Courthouse, County Council Chambers, 199 North Main, Logan, Utah 84321 at **5:00 p.m.** on **TUESDAY, JUNE 9, 2015**

**AGENDA**

- 5:00 p.m.**
1. **CALL TO ORDER**
  2. **OPENING / PLEDGE** – *Gordon Zilles*
  3. **REVIEW AND APPROVAL OF AGENDA**
  4. **REVIEW AND APPROVAL OF MINUTES** (May 26, 2015)
  5. **REPORT OF COUNTY EXECUTIVE**
    - a. Appointments
    - b. Warrants
    - c. Other Items
  6. **CONSENT AGENDA**
  7. **ITEMS OF SPECIAL INTEREST**
    - a. Bear River Mental Health Fiscal Year 2016 Area Plan – Reed Ernstrom
  8. **UNIT OR COMMITTEE REPORTS**
    - a. Cache County Emergency Medical Services – Jim Gass, Jay Downs, Jeff Peterson
  9. **BUDGETARY MATTERS**
  10. **PUBLIC HEARINGS, APPEALS AND BOARD OF EQUALIZATION MATTERS**
    - a. **Set Public Hearing for June 23, 2015 at 6:00 p.m. – Open 2015 Budget**
  11. **PENDING ACTION**

12. **INITIAL PROPOSALS FOR CONSIDERATION OF ACTION**

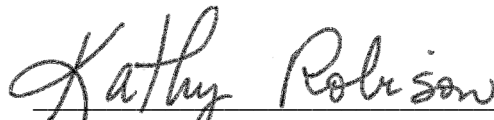
- a. Active Duty Property Tax Exemption Request
- b. Penalty and Interest Abatement Requests
- c. Final Approval of Restaurant / RAPZ Tax Committee Recommendations and Allocation of Excess Funds

13. **OTHER BUSINESS**

- a. Government Officials Days at Lagoon – June 7-11, 2015
- b. 2015 USACCC Summer Conference – Friday, June 19, 2015 at the Riverwoods Conference Center
- c. Nibley City Heritage Days Parade – Saturday, June 20, 2015 at 10:00 a.m.  
*Craig, Gordon, Jon*
- d. Lewiston 4th of July Parade – Saturday, July 4, 2015 at 9:00 a.m.
- e. Hyrum 4th of July Parade – Saturday, July 4, 2015 at 12:00 p.m.
- f. North Logan 24th of July Parade – Friday, July 24, 2015 at 10:00 a.m.
- g. Logan Pioneer Day Parade – Friday, July 24, 2015 at 12:00 p.m.

14. **COUNCIL MEMBER REPORTS**

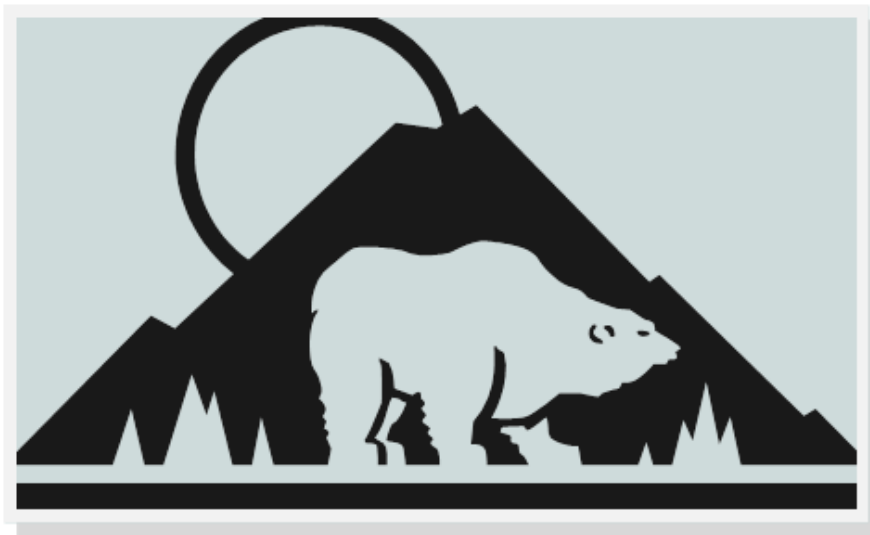
15. **ADJOURNMENT**

  
Kathy Robison, Council Chair

**\*Citizens desiring to be heard at a public hearing are encouraged to submit their messages in writing prior to or during the hearing**

In compliance with the Americans with Disabilities Act, individuals needing special accommodations (including auxiliary communicative aids and services) during this meeting should notify Janeen Allen at 755-1850 at least three working days prior to the meeting.

District 1  
Local Mental Health Authority  
(Box Elder, Cache, and Rich Counties)



Bear River Mental Health Services, Inc.  
Mental Health Area Plan

Fiscal Year 2016

**DISTRICT 1 LOCAL MENTAL HEALTH AUTHORITY  
MENTAL HEALTH SERVICES AREA PLAN - FY 2016**

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**DISTRICT 1 LOCAL MENTAL HEALTH AUTHORITY**  
**MENTAL HEALTH SERVICES AREA PLAN - FY 2016**

**INTRODUCTION**

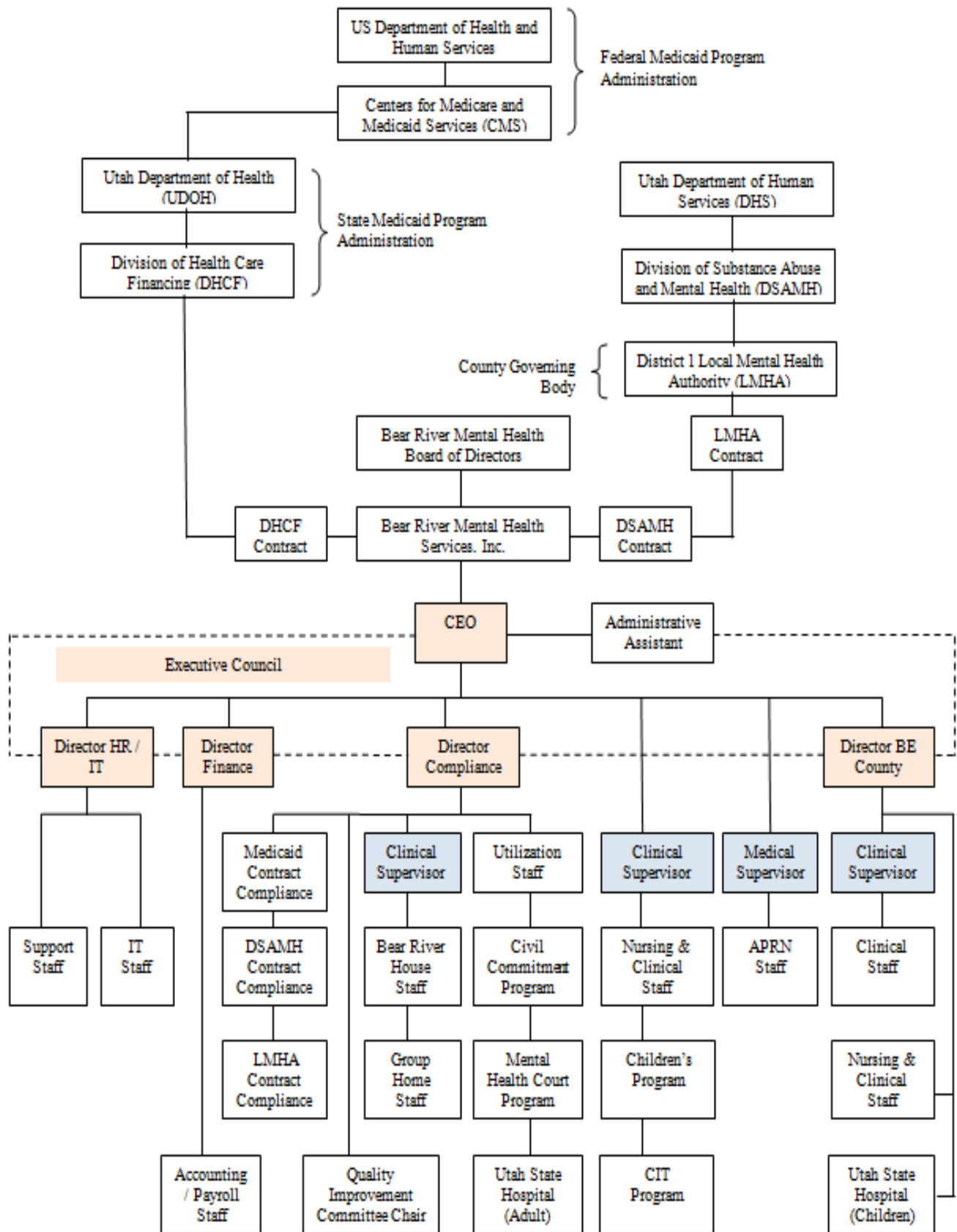
The Local Mental Health Authority submits the following Area Plan for the delivery of mental health services within the District 1 geographical area of Box Elder, Cache and Rich counties for Fiscal Year 2014 consistent with the statutory expectations under Utah Code Annotated 62A-15-103(2)(e). These services will be provided by contract through Bear River Mental Health Services, Inc. (BRMH), as the sole source provider for the District 1 Local Mental health Authority.

The Area Plan addresses the continuum of mental health care services as mandated by Utah Code Annotated 17-43-301 and Administrative Rule R523-1-12(c) and takes into consideration the service priorities identified by state contract. Currently, BRMH delivers a comprehensive continuum of mental health services for adults, youth and children within the scope of existing legislative appropriations and county matching funds as determined with respect to immediacy of need and severity of illness. These mental health service priorities include, and are consistent with, those services defined both as Medicaid Covered services as well as services mandated relative to the Division of Substance Abuse and Mental Health (DSAMH) and subsequent to the statutory and administrative provisions of State and Federal regulation.

In addition, the Area Plan incorporates the forethought of both the local authority in conjunction with the mental health provider towards the projection of a comprehensive service delivery system within the context of the recovery model of mental health rehabilitation. The narrative sections to follow contain a description of service delivery relative to adult and children/youth clients for each service required by statutory mandate, as well as additional non-mandated and supplemental service descriptions applicable to the area population.

Finally, all services delivered within the existing mental health continuum of care will be provided consistent with a least restrictive philosophy and best practice treatment model as particularly applied to severely and acutely mentally ill children, youth, and adults.

# BEAR RIVER MENTAL HEALTH ORGANIZATIONAL SCHEMA



## Governance and Oversight Narrative

Instructions:

- In the box below, please provide an answer/description for each question.

### **1) Access and Eligibility for Mental Health and/or Substance Abuse Clients**

**Who is eligible to receive mental health services within your catchment area? What services (are there different services available depending on funding)?**

General eligibility for mental health service delivery primarily extends to area Medicaid Enrollees given the Center's Medicaid contract, freedom of choice waivers particular to Medicaid, and its predominant funding role in mental health service support. However, to the degree possible, the Center provides service availability to all area residents regardless of funding as described below, including a variety of non-Medicaid service categories, so as to broaden available service delivery as permitted by the Center's funding allocations and restrictions.

In these instances, eligibility is based categorically relative to need and severity as opposed to ability or inability to pay. Individuals within these service populations are admitted through the Center's Request For Service (RFS) system and scheduled for assessment and treatment planning as is any prospective client having Medicaid eligibility.

Specifically, BRMH identifies the following priorities and populations of primary service eligibility and conditions applicable to initial and continued mental health service delivery:

#### **1. Medicaid:**

Verified Utah Medicaid Enrollees (including non-traditional Medicaid recipients) with mental health disorders are eligible to receive all medically necessary Covered Services in terms of amount, duration, and scope reasonably necessary to correct or ameliorate a mental illness or condition, or prevent deterioration of that mental illness or condition.

#### **2. Medicaid Pending:**

Individuals who are pending Medicaid eligibility (those having a current verified Medicaid case number and a completed Medicaid application) may be admitted for services with waiver of Center co-pay / sliding-fee. Review of progress toward Medicaid eligibility is required within 60 days of intake. If ultimately determined ineligible for Medicaid, the continuation of service delivery will follow consistent with the priorities set here within and the client will be assessed and back-billed for services already rendered according to the Center's sliding-fee schedule.

The 60 day review of status toward Medicaid eligibility shall be performed by the Center's intake clinic manager who is responsible for service requests applicable to non-Medicaid individuals. Upon determination of Medicaid eligibility, the intake clinic manager will initiate the status change in the client's electronic record AFS screen and appropriately notify the client's treatment team and reception desk.



If Medicaid eligibility remains undetermined at the 60 day review, notification will be provided to the client's treatment coordinator and the case will be subsequently monitored on a monthly basis for verification of Medicaid eligibility. Upon verification of ineligibility for Medicaid, the client's treatment coordinator shall be notified in order to proceed according to the non-Medicaid status options reflected in the remainder of this policy.

The Medicaid pending category includes those Medicaid eligible individuals requesting service delivery but who have, or are, relocating from an area of the state outside the jurisdiction of BRMH, and whose Medicaid card identifies another Center as responsible for mental health services. Such individuals may be admitted for services subsequent to verification of a change of address submitted to Medicaid; otherwise, services must be obtained from the mental health center designated on the Enrollee's current Medicaid card, unless there is an intra-center agreement to the contrary.

### **3. Medicaid Spend-down:**

Spend-down dependent Medicaid eligible individuals who forego payment of their spend-down, regardless of secondary insurance or payment source, will be referred out for alternative service delivery unless they are included in one of the specialty populations identified below. In such a case, the client would be encouraged to meet their spend-down amount if at all possible, however, if not financially feasible (as determined by Center) the client may be allowed a waiver of the spend-down in favor of the Center's sliding-fee payment schedule. If determined feasible but the spend-down is refused, the client will be referred for representative payee services.

### **4. Third-party:**

Privately insured clients are referred elsewhere, unless they are dual eligible for Medicaid and/or included within the "Specialty Populations" listed below.

### **5. Medicare:**

Medicare clients are referred elsewhere, unless they are dual eligible for Medicaid and/or included within the "Specialty Populations" listed below.

### **6. Private Pay:**

Private pay clients are referred elsewhere, unless they are included within the "Specialty Populations" listed below.

### **7. Service transition to external providers:**

Existing BRMH clients not eligible for Medicaid and not included within one of the identified specialty populations and who are subsequently referred out for mental health service delivery, may receive short term transitional therapy sessions to assist in the transfer of services, as may be determined necessary and appropriate by the client's treatment coordinator and/or clinical supervisor.

## **8. Specialty Populations:**

### **a. Mental health court clients:**

Mental health court (MHC) clients are individuals having both serious and persistent mental illness (SPMI) and criminal justice involvement who have been accepted into the specialty court program. The mental health court program is a cooperative endeavor involving numerous public and private stakeholders working toward the goal of increasing public safety as well as mental health recovery and reducing criminal recidivism.

MHC clients are eligible for participation in the Center's sliding-fee payment schedule where existing insurance coverage does not include all services considered medically necessary, or where the client is private pay. Upon graduation from the program, the client may continue to receive services according to their pre-established payment arrangement for a period of 90 days. The continuation of services beyond 90 days is determined on a case-by-case basis, depending on current level of stability, urgency of need, severity of illness, treatment adherence, and other factors critical to the risk of criminal recidivism.

Petitions for continued service must be submitted by the client's treatment coordinator to the clinical supervisor and receive both supervisory and executive committee approval. Continued service authorizations are reviewed every succeeding 90 days for subsequent approval or denial. Upon termination from the program however, continuation of services will follow according to the priorities established herein.

### **b. Civil commitment clients:**

BRMH, as the sole source provider for the District 1 Local Mental Health Authority, is by default, the mental health service provider for those individuals currently under a court order of involuntary commitment to the custody of said authority for treatment. Without exception, such individuals are eligible for all medically necessary mental health services regardless of funding. However, involuntary commitment does not exempt such individuals from all payment responsibility, as the dangerousness of the client's behavior ultimately necessitated the involuntary action, and therefore, even in private pay cases, the client is assessed a sliding-fee for services rendered.

### **c. Crisis Services:**

BRMH will continue to provide 24 hour on-call emergency (crisis) services to area residents upon request irrespective of the priorities outlined in this policy.

**d. Jail Services:**

Services in the County Jail are statutorily mandated and will continue as currently delivered and may involve brief crisis/risk management assessments and brief diagnostic assessments for mental health court referrals.

**e. Medicaid Disability Determination Evaluations / Form M-20:**

BRMH will continue to provide for Medicaid disability determination evaluations (Form M-20) irrespective of the priorities outlined in this policy.

**f. Grant funded clients (i.e., 2.7 funding; Early Intervention funding, etc.):**

BRMH will provide mental health service delivery to those individuals eligible under, and consistent with, the requirements of any grant funding obtained through state, federal, or private entities throughout the life and availability of the grant resources.

As a general rule, services provided to non-Medicaid populations are delivered according to the following predominate hierarchy: (1) group services (predominately) prior to individual services, (2) individual services prior to wrap-around services, and (3) wrap-around services prior to pharmacological services, to the extent possible, depending upon severity of illness and immediacy of need.

**What are the criteria used to determine who is eligible for a public subsidy?**

Criteria utilized to determine eligibility for the Center's sliding fee is generally relative to clients who are uninsured and typically where the client fits within a particular specialty population (e.g., Mental Health Court or civil commitment).

**How is this amount of public subsidy determined?**

Public subsidy of mental health services is determined according to the Center's sliding fee schedule relative to the service population priorities described above.

**How is information about eligibility and fees communicated to prospective clients?**

Information regarding service eligibility and associated fees are provided generally through the Center's external website as well as through direct contact with the Center's Service Coordinator through the request for service system.

**Are you a National Health Service Core (NHSC) provider?**

Yes, Bear River Mental Health is a qualified NHSC provider.

## BEAR RIVER MENTAL HEALTH TREATMENT PRIORITIES

Bear River Mental health has established clinical service priorities with respect to persons residing within the geographical boundaries of Box Elder, Cache, and Rich counties. Mental health service priorities include and are consistent with those services defined as Medicaid Covered services as well as services mandated within the legislative appropriations and required county matching funds in accordance with the priorities established by the Division of Substance Abuse and Mental Health and relevant to the statutory and administrative provisions of State and Federal regulation.

Medicaid (DOH/DHCF) Contract Specifications		Utah Statute Specifications		DSAMH Contract Specifications			
The CONTRACTOR will provide to all Medicaid Enrollees under this Contract all Medically Necessary and appropriate Covered Services as promptly and continuously as is consistent with generally accepted standards of medical practice.		Under the administrative direction of the division, each local mental health authority shall provide mental health services to persons within the county... to include services for adults, youth, and children.		The Local Authority shall provide and/or make available direct mental health services to persons residing within the Local Authority's geographic area. The Local Authority shall develop the priorities of treatment listed below :			
<b>Medicaid Contract Article III, A</b>		<b>UCA 17-43-301 (4)(b)</b>		<b>DSAMH Contract Part II, II, B</b>			
1	Inpatient Psychiatric Hospital Services and Related Inpatient Physician Services	1	Inpatient Care and Services	1	Effective and responsive crisis intervention, assessment, direct care, and/or referral programs available to ALL citizens.		
2	1915(b)(3) Supportive Living (costs incurred in residential treatment/support programs)	2	Residential Care and Services (UCA 62A-15-701 - children/youth "any out-of-home placement by a LMHA")	The least restrictive and most appropriate treatment settings for:			
<b>Medicaid Mental Health Outpatient Services</b>	3	3	24-Hour Crisis Care and Services			2	a
	4	4	Psychotropic Med Management	2	b	SPMI adults; and	
	5	5	Psychosocial Rehabilitative Services (skills development)	5	Psychosocial Rehabilitation	c	Acutely mentally ill children, youth and adults.
	6	6	Targeted Case Management Services	6	Case Management	3	Services to emotionally disabled children and youth who are neither acutely nor severely mentally ill, but whose adjustment is critical for their future as well as for society in general.
	7	7	1915(b)(3) Respite & Personal Services & Transportation to Covered Services	7	Community Supports (in-home services, housing, respite services)		
	8	8	Psychiatric Diagnostic Interview Examination	8	Consultation and Education Services		
	9	9	Mental Health Assessment by a Non-Mental Health Therapist	9	Services to Persons Incarcerated in a County Jail or other County Correctional Facility		
	10	10	Psychological Testing	10	Outpatient Services (unspecified)		
	11	11	Psychotherapy (individual, group, family)	The Local Authority shall consider the two primary variables of immediacy of need and severity of the mental illness in developing the identified treatment priorities.		4	Services to mentally ill adults and aged citizens who are neither acutely nor severely mentally ill, but whose adjustment is critical to their personal quality of life as well as for society in general; and
	12	12	Therapeutic Behavioral Services (individual & group)				
	13	13	Electroconvulsive Shock Therapy				
	14	14	Oral Interpretation Services				
	15	15	1915(b)(3) Psychoeducational Services and Supportive Living				
			5			5	Consultation, educational, and preventative mental health services targeted at high-risk groups.

**Governance and Oversight Narrative**

**2) Subcontractor Monitoring**

The DHS Contract with Mental Health/Substance Abuse Local Authority states:

When the Local Authority subcontracts, the Local Authority shall at a minimum:

(1) Conduct at least one annual monitoring review. The Local Authority shall specify in its Area Plan how it will monitor their subcontracts.

**Describe how monitoring will be conducted, what items will be monitored and how required documentation will be kept up-to-date for active subcontractors.**

Bear River Mental Health endeavors to maintain adequate service capacity within its network of employed providers so as to effectively deliver the comprehensive array of services as required by contract as well as statutory provision. The delegation of particular services at particular times according to subcontract, although in some instances necessary, is considered less desirable, given the added difficulties that subcontracting poses relative to the coordination and integration of care, the degree of subcontract elements and requirements imposed on both subcontractor and the Center, inter-agency communication, diversity of documentation, and the overall logistics of subcontract monitoring.

However, the Center does maintain subcontract relationships with a local Federally Qualified Health Center and one other provider relative to a small number of clients. With respect to subcontractor monitoring, the Center's Corporate Compliance Officer or designee is assigned to conduct formal annual reviews of these providers to ensure compliance with both technical and substantive elements of mental health service documentation and client progress. At present, a monitoring schedule and a timely notification system has been implemented through the Center's Executive Assistant to help ensure the completion of subcontract monitoring as required by both DSAMH and Medicaid.

The Center's annual reviews may include client record reviews and record audits utilizing its internal peer/record review system and/or an applicable Subcontractor Compliance Monitoring Worksheet as depicted in the example below. As represented below, an additional Subcontract Monitoring Checklist has been developed and will be implemented for FY 2016 to address a more comprehensive scope of monitoring that includes verification of appropriate credentialing, background screenings, checks against federal excluded parties' lists, etc.



**SUBCONTRACTED PROVIDER MONITORING TOOL**

**Subcontractor means any individual, entity or organization (e.g., hospitals, residential treatment programs, etc.) qualified to provide Medicaid Covered Services and has signed a subcontract or participation agreement with BRMH.**

**SUBCONTRACTS FOR BRMH MEDICAID COVERED SERVICES**

BRMH Subcontractors shall meet at least one of the following criteria:

- |                            |                                    |   |
|----------------------------|------------------------------------|---|
| Current Medicaid provider. | Licensed health care professional. | Qualified to provide the covered service. |
|----------------------------|------------------------------------|---|

**MONITORING CHECKLIST**

		YES	NO
BRMH has evaluated the prospective subcontractor's ability to perform the activities to be delegated.			
	Has the subcontracted provider completed and passed a recent background check?		
	Has subcontractor provided a current license and/or certification?		
	Has Subcontractor provided current insurance verification or certificate?		
	Is the subcontracted provider a federally debarred or excluded provider?		
What are the activities and report responsibilities delegated to the Subcontractor?			
	Therapy Services	Med Management	Other:
	Does Subcontractor charge for service or hold Medicaid Enrollees liable for the debts of the Subcontractor?		
Does Subcontractor understand that acting within the lawful scope of their practice, they are not prohibited from advising or advocating on behalf of an Enrollee who is his or her patient for the following:			
1	Health status, medical care, or treatment options, including alternative treatment.		
2	Any information needed in order to decide among all relevant treatment options.		
3	The risks, benefits, and consequences of treatment or non-treatment.		
4	The right to participate in health care decisions, including the right to refuse treatment.		
Does Subcontractor understand and comply with the Medicaid Grievance System? Including:			
1	The right to file Grievances and Appeals including the requirements and timeframes for filing.		
2	The availability of assistance in filing.		
3	The toll-free numbers to file oral Grievances and Oral Appeals.		
4	The right to a State Fair Hearing, including procedures and representation rules.		
5	The right to request continuation of disputed services during an Appeal or State Fair Hearing, and potential liability for the cost of services, if the hearing is not favorable to the Enrollee.		
	Does Subcontractor cooperate with the BRMH QAPI program and allow BRMH access to medical records?		
	Does Subcontractor adhere to the Center's preferred practice guidelines?		
	Does Subcontractor agree: (1) to take enrollee rights into consideration, (2) that enrollees are free to exercise rights,(3) and that the exercise of rights shall not adversely affect the way the Enrollee is treated?		
	Does Subcontractor provide services in accordance with Enrollee rights?		
	Does Subcontractor provide a Medicaid Member Handbook to each Enrollee (if applicable)?		
	Does Subcontractor document services as required by Medicaid?		
	Does Subcontractor conduct monthly LEIE and ELPS database searches (if delegated)?		
	Is Subcontractor informed about reporting requirements for provider Fraud, Waste, and/or Abuse?		
	Is Subcontractor informed about reporting requirements for Enrollee related Fraud?		
	Is Subcontractor enrolled either a Medicaid fee-for-service provider or a "limited enrollment provider"		

Comments / Recommendations:


Reviewer Signature		Review Date	
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# Projected Budget

Form A

FY2016 Mental Health Area Plan and Budget

Bear River Mental Health Authority

Local Authority

	State General Fund			County Funds		Net Medicaid	Mental Health Block Grant (Formula)	5% Set Aside Federal - Early Intervention	Other State Contracts (PASRR, PATH, PASSAGE, FORENSIC, OTHER)	Third Party Collections	Client Collections (eg. co-pays, private pay, fees)	Other Revenue	TOTAL FY2016 Revenue
	State General Fund	State General Fund used for Medicaid Match	\$2.7 million Unfunded	NOT used for Medicaid Match	Used for Medicaid Match								
FY2016 Mental Health Revenue													
FY2016 Mental Health Revenue by Source	\$ 205,176	\$ 1,758,929	\$ 177,517		\$ 428,324	\$ 5,792,747	\$ 131,475		\$ 31,000	\$ 315,000	\$ 80,000	\$ 122,000	\$ 9,042,168

	State General Fund			County Funds		Net Medicaid	Mental Health Block Grant (Formula)	5% Set Aside Federal - Early Intervention	Other State Contracts (PASRR, PATH, PASSAGE, FORENSIC, OTHER)	Third Party Collections	Client Collections (eg. co-pays, private pay, fees)	Other Expenditures	TOTAL FY2016 Expenditures Budget	Total Clients Served	TOTAL FY2016 Cost/Client Served
	State General Fund	State General Fund used for Medicaid Match	\$2.7 million Unfunded	NOT used for Medicaid Match	Used for Medicaid Match										
Inpatient Care (170)		308,584			75,145	1,016,271							\$ 1,400,000	105	\$ 13,333
Residential Care (171 & 173)		83,758			20,397	275,845					15,000	2,500	\$ 397,500	45	\$ 8,833
Outpatient Care (22-24 and 30-50)	190,176	661,969	177,517		163,612	2,182,587	31,475		31,000	204,500	3,750		\$ 3,646,587	3,350	\$ 1,089
24-Hour Crisis Care (outpatient based service with emergency_ind = yes)		22,152			5,394	72,954	6,000			1,000	500		\$ 108,000	275	\$ 393
Psychotropic Medication Management (61 & 62)		209,451			51,005	689,794	20,000			55,000	9,750		\$ 1,035,000	1,100	\$ 941
Psychoeducation Services (Vocational 80) Psychosocial Rehabilitation (Skills Dev. 100)		271,113			66,020	892,867	59,000			1,000			\$ 1,290,000	650	\$ 1,985
Case Management (120 & 130)		175,672			42,779	578,549	10,000			15,000		23,000	\$ 845,000	1,375	\$ 615
Community Supports, including - Housing (174) (Adult) - Respite services (150) (Child/Youth)		11,903			2,898	39,199					51,000		\$ 105,000	180	\$ 583
Peer Support Services (140): - Adult Peer Specialist - Family Support Services (FRF Database)	5,000	14,327			1,074	24,681	5,000					5,000	\$ 55,081	50	\$ 1,102
Consultation and education services, including case consultation, collaboration with other county service agencies, public education and public information						20,000						80,000	\$ 100,000		
Services to persons incarcerated in a county jail or other county correctional facility										38,500		11,500	\$ 50,000	200	\$ 250
Adult Outplacement (USH Liaison)	10,000												\$ 10,000	10	\$ 1,000
Other Non-mandated MH Services													\$ -		#DIV/0!
FY2016 Mental Health Expenditures Budget	\$ 205,176	\$ 1,758,929	\$ 177,517	\$ -	\$ 428,324	\$ 5,792,747	\$ 131,475	\$ -	\$ 31,000	\$ 315,000	\$ 80,000	\$ 122,000	\$ 9,042,168		

MH Revenue Budget does not equal MH Expenditures Budget

	State General Fund			County Funds		Net Medicaid	Mental Health Block Grant (Formula)	5% Set Aside Federal - Early Intervention	Other State Contracts (PASRR, PATH, PASSAGE, FORENSIC, OTHER)	Third Party Collections	Client Collections (eg. co-pays, private pay, fees)	Other Expenditures	TOTAL FY2016 Expenditures Budget	Total FY2016 Clients Served	TOTAL FY2016 Cost/Client Served
	State General Fund	State General Fund used for Medicaid Match	\$2.7 million Unfunded	NOT used for Medicaid Match	Used for Medicaid Match										
ADULT	15,000	1,266,429	25,000		308,394	4,170,777	101,475		31,000	230,000	75,000	47,000	\$ 6,270,075	2,010	\$ 3,119
YOUTH/CHILDREN	190,176	492,500	152,517		119,930	1,621,970	30,000			85,000	5,000	75,000	\$ 2,772,093	1,360	\$ 2,038
Total FY2016 Mental Health Expenditures	\$ 205,176	\$ 1,758,929	\$ 177,517	\$ -	\$ 428,324	\$ 5,792,747	\$ 131,475	\$ -	\$ 31,000	\$ 315,000	\$ 80,000	\$ 122,000	\$ 9,042,168	3,370	\$ 2,683



FY2016 Mental Health Early Intervention Plan and Budget		Bear River Mental Health Authority									
		Local Authority									
		State General Fund		County Funds							
FY2016 Mental Health Revenue	State General Fund	State General Fund used for Medicaid Match	NOT used for Medicaid Match	Used for Medicaid Match	Net Medicaid	Third Party Collections	Client Collections (eg, co-pays, private pay,	Other Revenue	TOTAL FY2016 Revenue		
FY2016 Mental Health Revenue by Source	\$ 195,176	\$ 17,442			\$ 32,000				\$ 244,618		
		State General Fund		County Funds							
FY2016 Mental Health Expenditures Budget	State General Fund	State General Fund used for Medicaid Match	NOT used for Medicaid Match	Used for Medicaid Match	Net Medicaid	Third Party Collections	Client Collections (eg, co-pays, private pay,	Other Expenditures	TOTAL FY2016 Expenditures Budget	Total Clients Served	TOTAL FY2016 Cost/Client Served
MCOT 24-Hour Crisis Care-CLINICAL									\$ -		#DIV/0!
MCOT 24-Hour Crisis Care-ADMIN									\$ -		
FRF-CLINICAL									\$ -		#DIV/0!
FRF-ADMIN									\$ -		
School Based Behavioral Health-CLINICAL	168,827	15,087			27,680				\$ 211,594	125	\$ 1,693
School Based Behavioral Health-ADMIN	26,349	2,355			4,320				\$ 33,024		
FY2016 Mental Health Expenditures Budget	\$ 195,176	\$ 17,442	\$ -	\$ -	\$ 32,000	\$ -	\$ -	\$ -	\$ 244,618	125	\$ 1,957
* Data reported on this worksheet is a breakdown of data reported on Form A.											

**FY2016 Form A (1) - Proposed Cost and Clients Served by Population**

Bear River Mental Health Authority \_\_\_\_\_  
 Local Authority

**Budget and Clients Served Data to Accompany Area Plan Narrative**

<b>MH Budgets</b>	<b>Clients Served</b>	<b>FY2016 Expected Cost/Client Served</b>
<b>Inpatient Care Budget</b>		
\$ 980,000 ADULT	75	\$ 13,067
\$ 420,000 CHILD/YOUTH	30	\$ 14,000
<b>Residential Care Budget</b>		
\$ 392,500 ADULT	44	\$ 8,920
\$ 5,000 CHILD/YOUTH	1	\$ 5,000
<b>Outpatient Care Budget</b>		
\$ 2,156,494 ADULT	2,000	\$ 1,078
\$ 1,490,093 CHILD/YOUTH	1,350	\$ 1,104
<b>24-Hour Crisis Care Budget</b>		
\$ 85,000 ADULT	210	\$ 405
\$ 23,000 CHILD/YOUTH	65	\$ 354
<b>Psychotropic Medication Management Budget</b>		
\$ 873,000 ADULT	850	\$ 1,027
\$ 162,000 CHILD/YOUTH	250	\$ 648
<b>Psychoeducation and Psychosocial Rehabilitation Budget</b>		
\$ 980,000 ADULT	275	\$ 3,564
\$ 310,000 CHILD/YOUTH	375	\$ 827
<b>Case Management Budget</b>		
\$ 653,000 ADULT	775	\$ 843
\$ 192,000 CHILD/YOUTH	600	\$ 320
<b>Community Supports Budget (including Respite)</b>		
\$ 35,000 ADULT (Housing)	30	\$ 1,167
\$ 70,000 CHILD/YOUTH (Respite)	150	\$ 467
<b>Peer Support Services Budget</b>		
\$ 55,081 ADULT	50	\$ 1,102
CHILD/YOUTH (includes FRF)		#DIV/0!
<b>Consultation &amp; Education Services Budget</b>		
ADULT		
\$ 100,000 CHILD/YOUTH		
<b>Services to Incarcerated Persons Budget</b>		
\$ 50,000 ADULT Jail Services	200	\$ 250
<b>Outplacement Budget</b>		
\$ 10,000 ADULT	10	\$ 1,000
<b>Other Non-mandated Services Budget</b>		
ADULT		#DIV/0!
CHILD/YOUTH		#DIV/0!

**Summary**

<b>Totals</b>		
\$ 6,270,075	Total Adult	
\$ 2,772,093	Total Children/Youth	

From the budgets and clients served data reported above, please breakout the following information regarding unfunded (duplicated from above)

<b>Unfunded (\$2.7 million)</b>		
\$ 25,000	ADULT	\$ 1,000
\$ 152,517	CHILD/YOUTH	\$ 1,695
<b>Unfunded (all other)</b>		
\$ 55,000	ADULT	\$ 917
\$ 5,000	CHILD/YOUTH	\$ 333

# Bear River Mental Health Services, Inc.

## SLIDING-FEE POLICY

### Policy

Client co-payments are charges determined by the client's insurer (including Medicare) to be the portion of the cost of service the insurance beneficiary must pay, or in the case of an uninsured client, the amount of sliding-fee the Center determines as reasonable and necessary based upon client income. The Center's policy is to collect the full amount of insurance co-payments. Clients who qualify under the conditions specified below, will be assigned a sliding-fee amount per encounter, and will be expected to pay the full sliding-fee amount prior to each service appointment at the Center. The Center sliding-fee is not subject to any waiver.

### Procedures

1. Client co-payments relative to the Center's sliding-fee schedule are based on monthly gross household income.
  - a. In the instance that single "legal adults" living with immediate family and receiving free room and board request Center services, an income of \$450 may be added to their declared income as "in kind" value of room and board. Any individual who can demonstrate that they are actually paying to live with immediate family could have this value of "in kind" revenue reduced accordingly.
  - b. Before establishing a sliding-fee, Bear River Mental Health Services, Inc. may require written verification of the client's income. Verification may also be requested at any time during the course of the client's treatment.
2. A Center sliding-fee may be contingent on the following conditions:
  - a. To be eligible for payment according to the Center's sliding-fee schedule, individuals must be uninsured and residents of Box Elder, Cache, or Rich Counties. All out-of-county clients will be responsible for the full charge for any service rendered. In addition, insured clients must eligiblize according to the specifications below.
  - b. As the Center does not practice the routine waiver of insurance based co-payments, for insured clients to be eligible for a sliding-fee, they must either (1) have their insurance payment denied for the services requested, or (2) the services requested must be excluded from the client's insurance coverage, or (3) the client must petition and receive approval for a waiver of insurance co-payment under policy. In cases where the client's insurance denies payment, the client must also complete and sign a Waiver of Liability to be eligible for a Center sliding-fee.
  - c. Waivers of liability represent statements and agreements in which the client either chooses to receive services and assume financial responsibility if their insurance (including Medicare) denies payment or chooses to refuse service delivery. Waivers of liability shift financial responsibility from the Center to the client in the event of a denial of an insurance claim.

- d. The Waiver of Liability should be completed in advance of actual service delivery when a denial of insurance payment is predictable. However, in cases in which a denial of an insurance claim cannot be anticipated or predicted, the client will be approached to sign a Waiver of Liability upon receipt of the denial, and the Center's sliding-fee will be applied retroactively to the clients account.
- e. For Medicare beneficiaries, when it is anticipated that Medicare will deny payment for a particular covered service at a particular time, due to reasons that Medicare will likely consider as not reasonable and necessary (i.e. not consistent with diagnosis, provided by someone other than approved by Medicare, and/or the frequency or duration of the service exceeds the limits imposed by Medicare) the Center will have the client sign a waiver of liability referred to as an Advance Beneficiary Notice, prior to delivery of the service.
- f. Waivers of liability, either in the form of an Advance Beneficiary Notice or in some other form, may be signed by the client's personal representative if the client is a minor child or an incapacitated adult.
- g. Waivers of liability may not be signed in emergency service situations prior to an emergency medical screening (EMS) and stabilization of the client. In addition, a waiver of liability may not be signed when a client is under duress (i.e. emotionally or cognitively impaired such that the client is unable to adequately comprehend the nature and consequences of their decision so as to be unable to make an informed choice).
- h. If a client refuses to sign a waiver of liability, the Center will have a staff person witness the refusal and may consider such action as reasonable cause to refuse to provide the requested service.
- i. Clients must allow Bear River Mental Health Services, Inc. to submit claims to insurance companies when applicable and must also provide all pertinent information necessary with which to process the insurance claim. All insurance payments received by the Center shall be in addition to any client co-payment; however, the Center may not collect more than what is actually charged for the services rendered.
- j. Potential recipients of a Center sliding-fee must apply by completing the Center's standard Fee Agreement. Clients who refuse to state and/or verify their monthly income will be ineligible to receive a sliding-fee and will be responsible for the full charge of any service not covered by their insurance.
- k. For clients who are under the age of majority, the child's parents or legal guardian retain financial responsibility unless the child is legally emancipated or has been placed in the legal custody of a state agency, and the agency has been assigned financial responsibility by statute or court order.

## 2016 Area Plan Discount Fee Schedule

FY 2015 Discount Fee Schedule									
Household Size	Annual Incomes Relative to Percent of Poverty								
	Monthly Income	Up to - 110%	>110% - 130%	>130% - 140%	>140% - 160%	>160% - 180%	>180% - 200%	>200% - 300%	>300% - 400%
1	\$1,070	\$12,837	\$15,171	\$16,338	\$18,672	\$21,006	\$23,340	\$35,010	\$46,680
2	\$1,442	\$17,303	\$20,449	\$22,022	\$25,168	\$28,314	\$31,460	\$47,190	\$62,920
3	\$1,814	\$21,769	\$25,727	\$27,706	\$31,664	\$35,622	\$39,580	\$59,370	\$79,160
4	\$2,186	\$26,235	\$31,005	\$33,390	\$38,160	\$42,930	\$47,700	\$71,550	\$95,400
5	\$2,558	\$30,701	\$36,283	\$39,074	\$44,656	\$50,238	\$55,820	\$83,730	\$111,640
6	\$2,931	\$35,167	\$41,561	\$44,758	\$51,152	\$57,546	\$63,940	\$95,910	\$127,880
7	\$3,303	\$39,633	\$46,839	\$50,442	\$57,648	\$64,854	\$72,060	\$108,090	\$144,120
8	\$3,675	\$44,099	\$52,117	\$56,126	\$64,144	\$72,162	\$80,180	\$120,270	\$160,360
Each Additional Person	\$4,466		\$5,278	\$5,684	\$6,496	\$7,308	\$8,120	\$12,180	\$16,240
Per-session Discount Fee	\$8.00		\$16.00	\$24.00	\$32.00	\$42.00	\$52.00	\$72.00	\$84.00

**Form A – Bear River Mental Health Budget Narrative**

Instructions:

- In the boxes below, please provide an answer/description for each question.

**1a) Adult Inpatient**

*Form A1 – FY15 Amount Budgeted: \$680,000*

*Form A1 – FY16 Amount Budgeted: 980,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

As has been the case historically, inpatient mental health (i.e., post-stabilization) services for adults, children and youth, are contracted services and not provided directly by the mental health center. Bear River Mental Health and the local authority plan for the continued utilization of IHC facilities (e.g., Logan Regional Hospital and McKay Dee Hospital) as the primary resources to meet the Center’s acute adult and child inpatient needs for FY 2016. All inpatient resources utilized by the Center will continue to accommodate both male and female admissions, and such services follow the Medicaid requirements for post-stabilization of psychiatric emergencies as illustrated in the ready reference below.

Both Logan Regional Hospital Unit and McKay Dee Hospital inpatient units serve an adult population. Children and youth frequently receive inpatient services through McKay Dee Institute for Behavioral Medicine. BRMH retains a formal contract with Logan Regional Hospital and a standing interagency agreement with McKay Dee Hospital. Intermediate and longer-term inpatient hospitalization will continue to be accomplished through utilization of the Utah State Hospital.

The hospitals identified above represent the primary and preferred source of inpatient utilization for area residents. However, other inpatient options (e.g., University of Utah Neuropsychiatric Institute, Lakeview Hospital, Davis Hospital, Highland Ridge Hospital, Salt Lake Behavioral Health, etc.) have and will at times be necessary in order to meet the area’s inpatient service needs. In all circumstances, Center personnel will take appropriate steps to facilitate access to adult and child inpatient resources as needed and where needed.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

Since FY 2010 BRMH has experienced dramatic increases in inpatient costs as a result of both an increase of the numbers of acute psychiatric hospital admissions on average as well as the length of stay in many cases, which has required an increasing budget amount, particularly over the past three years. Given this recent historical trend, BRMH anticipates a similar increase in inpatient utilization for FY 2016, and has adjusted its projected budget accordingly to represent an increase of \$300,000.00. An examination of the rising trend in inpatient costs has stimulated serious consideration of a number of possible interventions including rate negotiations with other inpatient resources other than IHC facilities, development of an inpatient utilization staff position dedicated to on-site management of acute hospital admissions, creation of a psychiatric receiving center or outpatient hospital triage system, development of a mobile crisis team, as well as increasing preventative care strategies as possible mechanisms targeted

**Describe any significant programmatic changes from the previous year.**

No significant inpatient resources or programmatic changes are anticipated for FY 2016.

**Form A – Bear River Mental Health Budget Narrative**

**1b) Children/Youth Inpatient**

*Form A1 – FY15 Amount Budgeted: \$320,000*

*Form A1 – FY16 Amount Budgeted: \$420,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

As with the adult service population, inpatient services for children and youth are technically a contracted services not provided directly by BRMH. The utilization of inpatient programs and services may be monitored by the mental health center, where Center utilization staff may work directly with inpatient personnel to provide initial or continued authorization of services as well as discharge planning and coordination.

Inpatient services for children and youth are primarily provided through the McKay Dee Institute for Behavioral Medicine which serves children 6 years of age through 17 years of age and is in operation seven days a week, twenty-four hours a day, although other inpatient providers throughout the intermountain area may at times be utilized as necessary and appropriate given individual circumstances.

Intermediate and longer-term inpatient hospitalization for children and youth will continue to be accomplished through utilization of the Utah State Hospital. The Utah State Hospital, located in Provo, generally accommodates a maximum capacity of 72 pediatric admissions. Additionally, the mental health center is allocated 4 pediatric beds subsequent to the formula established under subsection (2) of 62A-15-612, which also provides for the allocation of beds based on the percentage of the state's population of persons under the age of 18 located within a mental health center's catchment area.

The Center has formalized its inpatient services policy for children and youth that upholds procedural consistency with Utah statute as currently written (Utah Code Annotated 62A-15-702 and 703 -Treatment and commitment of minors in the public mental health system and Residential and inpatient settings – Commitment proceeding).

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

An increase in the budgeted amount of \$100,000 for FY 2016 is projected relative to children and youth with respect to inpatient services. Although some increase in the number served is expected, the Center currently has no firm estimate of this increase.

**Describe any significant programmatic changes from the previous year.**

No significant programmatic changes with respect to children and youth inpatient psychiatric services are planned or projected for FY 2016.

**POST-STABILIZATION CARE SERVICES READY REFERENCE**

**Post-stabilization Care Services are defined as inpatient services related to an Emergency Medical Condition that are provided after an individual is stabilized in order to maintain the stabilized condition, or to improve or resolve the individual's condition.**

POST-STABILIZATION CARE SERVICES PROVISIONS																									
1		BRMH shall comply with Medicare regulations for Post-stabilization Care Services found in 42 CFR 422.113 c. Generally, Post-stabilization Care Services begin upon admission to an inpatient psychiatric unit after Emergency Services to evaluate or stabilize the Emergency Medical Condition have been provided in an emergency room.																							
2	Pre-approved Post-stabilization (inpatient) Care Services	BRMH shall pay for Post-stabilization Care Services obtained within or outside BRMH's area that are pre-approved by BRMH.																							
3	Post-stabilization Care Services not pre-approved	<table border="1"> <tr> <td align="center">a</td> <td>BRMH shall pay for Post-stabilization Care Services obtained within or outside its organization that are not pre-approved by BRMH, but are administered to maintain the individual's stabilized condition within one hour of a request to BRMH for pre-approval.</td> </tr> <tr> <td align="center" rowspan="7">b</td> <td>BRMH shall pay for Post-stabilization Care Services obtained within or outside its organization that are not pre-approved by BRMH, but are administered to maintain, improve or resolve the individual's stabilized condition, if:</td> </tr> <tr> <td align="center">i</td> <td>BRMH does not respond to a request for pre-approval within one hour of the request.</td> </tr> <tr> <td align="center">ii</td> <td>BRMH cannot be contacted.</td> </tr> <tr> <td align="center" rowspan="4">iii</td> <td>The BRMH representative and the treating physician cannot reach an agreement concerning the individual's care and a BRMH physician is not available for consultation.</td> </tr> <tr> <td>In this situation, BRMH shall give the treating physician the opportunity to consult with a BRMH physician and the treating physician may continue with the care of the individual until the BRMH physician is reached; or one of the following criteria outlined in 42 CFR 422.113 c (3) is met:</td> </tr> <tr> <td align="center">a</td> <td>A BRMH physician with privileges at the treating hospital assumes responsibility for the individual's care.</td> </tr> <tr> <td align="center">b</td> <td>The BRMH physician assumes responsibility for the individual's care through transfer.</td> </tr> <tr> <td align="center">c</td> <td>A BRMH representative and the treating physician reach an agreement concerning the individual's care, or</td> </tr> <tr> <td align="center">d</td> <td>The individual is discharged.</td> </tr> <tr> <td align="center">c</td> <td>Technically (by regulation), BRMH is not responsible for Post-stabilization Care Services provided prior to the request for pre-approval, however, there may be extenuating circumstances that preclude the hospital from requesting pre-approval. In such instances, BRMH may reimburse the hospital for the entire inpatient psychiatric admission when it is determined it would be clinically appropriate.</td> </tr> <tr> <td align="center">d</td> <td>If a hospital requests pre-approval for a specific number of days, and BRMH authorizes less than the number of days requested, this constitutes an ACTION, unless BRMH authorizes fewer days but conducts continued stay reviews to ensure timely discharge from inpatient services.</td> </tr> </table>	a	BRMH shall pay for Post-stabilization Care Services obtained within or outside its organization that are not pre-approved by BRMH, but are administered to maintain the individual's stabilized condition within one hour of a request to BRMH for pre-approval.	b	BRMH shall pay for Post-stabilization Care Services obtained within or outside its organization that are not pre-approved by BRMH, but are administered to maintain, improve or resolve the individual's stabilized condition, if:	i	BRMH does not respond to a request for pre-approval within one hour of the request.	ii	BRMH cannot be contacted.	iii	The BRMH representative and the treating physician cannot reach an agreement concerning the individual's care and a BRMH physician is not available for consultation.	In this situation, BRMH shall give the treating physician the opportunity to consult with a BRMH physician and the treating physician may continue with the care of the individual until the BRMH physician is reached; or one of the following criteria outlined in 42 CFR 422.113 c (3) is met:	a	A BRMH physician with privileges at the treating hospital assumes responsibility for the individual's care.	b	The BRMH physician assumes responsibility for the individual's care through transfer.	c	A BRMH representative and the treating physician reach an agreement concerning the individual's care, or	d	The individual is discharged.	c	Technically (by regulation), BRMH is not responsible for Post-stabilization Care Services provided prior to the request for pre-approval, however, there may be extenuating circumstances that preclude the hospital from requesting pre-approval. In such instances, BRMH may reimburse the hospital for the entire inpatient psychiatric admission when it is determined it would be clinically appropriate.	d	If a hospital requests pre-approval for a specific number of days, and BRMH authorizes less than the number of days requested, this constitutes an ACTION, unless BRMH authorizes fewer days but conducts continued stay reviews to ensure timely discharge from inpatient services.
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4	Inpatient Authorization Protocols - Non-Contracting Hospitals	<p>BRMH must provide verification of inpatient approvals to non-contracting hospitals.</p> <p>If BRMH provides verbal approval for Post-stabilization Care Services over the telephone, a faxed confirmation of the approval must be provided to the hospital within 24 hours of the verbal approval. BRMH should include a prior approval number to allow for both hospital and Center tracking of the service.</p>																							
5	Payment to Non-Contracting Hospitals	<p>If BRMH's payment to non-contracting hospitals providing inpatient services exceeds the lower of the rates listed below, applicable at the time services were rendered, then additional expenses may be subject to review and possible disallowance during financial reviews by the Department.</p> <table border="1"> <tr> <td align="center">a</td> <td>The hospital's usual and customary charge.</td> </tr> <tr> <td align="center">b</td> <td>The applicable Medicaid fee-for-service rate published by the Department of Health, or</td> </tr> <tr> <td align="center">c</td> <td>The rate BRMH pays for its subcontractors.</td> </tr> </table>	a	The hospital's usual and customary charge.	b	The applicable Medicaid fee-for-service rate published by the Department of Health, or	c	The rate BRMH pays for its subcontractors.																	
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**1c) Adult Residential Care**

*Form A1 – FY15 Amount Budgeted: \$395,000*

*Form A1 – FY16 Amount Budgeted: \$392,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

Adult residential services are provided directly by BRMH through the operation of a 12 bed facility located in Logan, Utah. This facility will continue to ensure the availability of transitional and longer-term support options for individuals who demonstrate a need for both structured and supportive living. The facility is operated as a 24-hour supervised group home and will continue to provide Supportive Living as an adjunct to other services such as case management and rehabilitative skills development as applicable to the needs of clients in the facility who are in transition to less restrictive environments, meaning that residential service clients, depending on individual need, may receive other services in addition to supportive living, as they are in the process of transitioning from the 24-hour facility to either semi-independent or independent living in the community.

Supportive living generally includes observation, monitoring, and structured daily living support which necessitates 24-hour staffing to ensure daily resident contact, observation of general behavior and performance of routine personal care and daily living tasks, as well as monitoring of symptomatology associated with the resident's diagnosis and individualized treatment plan.

Additionally, the residential program provides for a structured living environment which ensures the organization of household activities, tasks, and functions according to a specific daily schedule of functional living activities. Meals, medications, household chores, house meetings, visiting and other activities associated with the facility are accomplished through structure and direct supervision. The organization and routine of the household provides an emotionally stabilizing effect that tends to facilitate symptom stabilization.

In FY 2015, the Center completed construction and occupancy of a new residential facility located on site of the Bear River House adult day program located at 88 West 1000 North in Logan, Utah, thereby creating a mental health campus effect. The new facility includes single occupancy bedrooms, improved bath and shower rooms, expanded kitchen and dining area, dedicated medication room, separate staff bathroom, and expanded common living areas not historically available in its previous facility.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

Currently, no significant change is expected in residential service capacity, or funding, however, given the quality and location of the facility, residential occupancy has increased since opening and is expected to demonstrate some possible increase in the numbers of clients served in FY 2016.

**Describe any significant programmatic changes from the previous year.**

No significant programmatic changes with respect to residential services are planned or projected for FY 2016.

**1d) Children/Youth Residential Care**

*Form A1 – FY15 Amount Budgeted: \$5,000*

*Form A1 – FY16 Amount Budgeted: \$5,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

Residential services for children and youth are not provided directly by BRMH. When more secure and extended residential treatment is determined necessary, the mental health center will utilize residential treatment facilities available throughout the Wasatch front area. In previous plan years the mental health center has occasionally placed children and youth in Primary Children’s Residential program as well as the Odyssey House program within the Salt Lake area.

Although these specific programs have been utilized in previous years, with respect to FY 2016, Bear River Mental Health does not plan to limit its residential service continuum to select facilities but will endeavor to obtain services from any available and accredited residential treatment resource necessary in order to meet the clinical needs of children and youth within its catchment area and service priority.

When determined to be clinically necessary, these intensive levels of intervention provided through residential treatment resources will be delivered to accomplish increased stability and foster the successful reintegration of children and youth with family and community. Residential service utilization is difficult to predict as BRMH endeavors to serve and maintain children and youth in their home environment through intensive wrap-around services as preferable to out-of-home placement if at all possible.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

No significant change in utilization, service delivery, or change in funding or number of individuals served is expected for FY 2016.

**Describe any significant programmatic changes from the previous year.**

No programmatic changes are planned for FY 2016.

**1e) Adult Outpatient Care**

*Form A1 – FY15 Amount Budgeted: \$2,080,696*

*Form A1 – FY16 Amount Budgeted: \$2,156,494*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

As in previous years, the continuum of outpatient services provided directly by BRMH projected for FY 2016 will continue to include mental health assessments, psychological evaluations, psychiatric evaluations, individual, family and group psychotherapy, individual skills development, behavior management, as well as psycho-education, personal services, and support groups. Case management, group skills development (psychosocial rehabilitation), respite, and medication management, although incorporated within the mental health center's context of outpatient services, are described separately in sections of the Area Plan to follow as they are identified by statute as separate from the outpatient service continuum.

Services are generally provided in the outpatient clinic sites located in Logan, Brigham City, Tremonton, and Garden City, however, these services may be provided at other times and community locations as determined necessary and appropriate to the needs of mental health consumers. Additionally, outpatient services are provided through face-to-face contact with the client, which may at times be delivered through the Center's tele-health system.

Additionally, BRMH has one subcontracted provider entity (Cache Valley Community Health Center), and one additional private provider, where outpatient therapy services are provided to a relatively small number of Medicaid eligible individuals. However, at present the Center is exploring possible subcontract or service purchase opportunities with two additional private providers that will permit the delegation of medication management services outside the Center's employed provider network should the need arise.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

Delivery of adult outpatient services is expected to remain consistent with the previous fiscal year, although with the advent of the Justice Reinvestment initiative and programmatic changes relative to justice-involved individuals, the Center projects some increase in service population, particularly given the anticipated implementation of a second mental health court program in Box Elder County beginning September 2015. Particular to these considerations, as well as the broad-based spectrum of the outpatient service array, BRMH projects an increase in funding relative to outpatient care of approximately \$80,000.00, where \$40,000.00 of which is reflective of the Justice Reinvestment Initiative.

**Describe any significant programmatic changes from the previous year.**

No significant programmatic changes with respect to the general continuum of adult outpatient services are projected for FY 2016.

**1f) Children/Youth Outpatient Care**

*Form A1 – FY15 Amount Budgeted: \$1,484,482*

*Form A1 – FY16 Amount Budgeted: \$1,490,093*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

Direct outpatient services provided to children and youth, as with adult consumers, include mental health assessments, psychological evaluations, psychiatric evaluations, individual, family and group psychotherapy, individual and group skills development, behavior management, as well as psycho-education and support groups.

As specified under Adult Outpatient Care, the array of outpatient services are generally provided in the clinic settings located in Brigham City, Tremonton, Logan and Garden City, however, these services may be provided at other times and community locations such as local schools and in-home venues as determined necessary and appropriate to the needs of mental health consumers.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

As with the adult population, delivery of outpatient services is expected to remain consistent with the previous fiscal year with no anticipated substantive programmatic changes or true expansion of actual services. Utilization of outpatient services may show some increase consistent with the possibility of an increase in Medicaid eligibility rates, although as previously indicated, the predictions represented in the Center's Area Plan Budget are merely rough or best-guess estimates based on historical patterns of population growth, and are not as such, statistically reliable.

**Describe any significant programmatic changes from the previous year.**

No significant programmatic changes in outpatient services relative to children and youth are planned or projected for FY 2016.

**1g) Adult 24-Hour Crisis Care**

*Form A1 – FY15 Amount Budgeted: \$110,000*

*Form A1 – FY16 Amount Budgeted: \$85,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

Mental health crisis management (i.e., emergency services) will continue to be provided primarily as a direct service and not under subcontract (with exceptions as described below), as necessary to assist individuals who are experiencing immediate and/or debilitating or life threatening complications as a result of serious mental illness. Through a variety of educational formats, all individual clients of the Center are provided with the information necessary in which to access the 24-hour crisis system. In addition, crisis services for Medicaid clients are specifically covered under partnership agreements in which hospitals and other agencies are informed of the Center's commitment in providing a first line response to the crisis needs of this population. Furthermore, access to the Center's crisis team is available to other individuals within the community, as well as public and social service entities including law enforcement. Annually, the Center participates in direct training of law enforcement personnel working as CIT (Crisis Intervention Team) officers as part of a community-wide crisis intervention system. Both CIT officers as well as designated BRMH crisis staff are trained in mental health law policy and practice, including acute and extended inpatient resource utilization and community-based alternatives to hospitalization.

Crisis services will continue to be available seven days a week, 24 hours per day and 365 days a year for FY 2016. During regular business hours, a selection of outpatient staffs in each clinic site will continue to rotate crisis coverage Monday through Friday. For evenings, weekends, and holidays, clinicians who are certified as mental health officers for the State of Utah will fulfill the crisis coverage assignment, again on a rotating schedule. Pagers and cellular phones will be utilized by crisis service staff to allow for quick communication and response. Also, during routine office hours, crisis staff will maintain a flexible work schedule that ensures the possibility of an immediate response to any mental health emergency situation. Assigned crisis staff will be capable of managing both child and adult mental health emergencies and, when necessary, will be trained in the process of making referrals to the Center's inpatient resources as previously described. Additionally, the delivery of crisis or emergency services will adhere to the established provisions as required by Medicaid and illustrated in the Emergency Services and Crisis Response Ready References depicted below.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

Given the continuation of IHC staff responding to hospital-based crisis services at Logan Regional Hospital, some decrease in cost (\$30,000.00) and number served (50 individuals) is projected for FY 2016.

**Describe any significant programmatic changes from the previous year.**

No significant programmatic change is anticipated for FY 2016 as Logan Regional Hospital continues since 2013 to provide hospital crisis coverage utilizing its own employed staff as is practiced in other Intermountain Health Care facilities throughout Utah. Bear River Mental Health remains available for consultation relative to Center clients, Medicaid individuals, or civil commitment cases as needed.

**EMERGENCY SERVICES READY REFERENCE**

Emergency services are defined as outpatient or inpatient services furnished by a qualified provider (i.e., per licensure through the Department of Commerce, Division of Occupational and Professional Licensing, or other State licensing agency) that are medically necessary to evaluate or stabilize an Emergency Medical Condition.

**EMERGENCY MEDICAL CONDITION**

<b>PRUDENT LAYPERSON STANDARD</b>	A psychiatric condition manifesting itself by acute symptoms of sufficient severity (including severe pain) that a prudent layperson who possesses an average knowledge of health and medicine could reasonably expect the absence of immediate medical attention to result in:	1	Placing the health or safety of the individual (or with respect to a pregnant woman, the health of the woman or her unborn child) in serious jeopardy.
		2	Placing the health or safety of other individuals in serious jeopardy.
		3	Serious impairment to bodily functions.
		4	Serious dysfunction of any bodily organ or part.

**EMERGENCY SERVICES PROVISIONS**

1	BRMH must have the capability to provide or arrange for all Emergency Services, 24 hours each day, seven days a week. On a 24-hour basis, individuals must be able to access by telephone a live voice or answering machine which will immediately page an on-call mental health professional.		
2	BRMH must inform its Medicaid Enrollees that access to Emergency Services is not restricted and that if an Enrollee experiences an Emergency, he or she may obtain Emergency Services from a non-plan physician or other qualified provider without penalty.		
3	When BRMH or other health care provider instructs a Medicaid Enrollee to seek Emergency Services in or out of BRMH's provider network, BRMH shall pay for the Emergency Services without regard to whether the Enrollee meets the prudent layperson standard.		
4	A Medicaid Enrollee who has an Emergency Medical Condition may not be held liable for payment of subsequent screening and treatment needed to diagnose the specific condition or stabilize the Enrollee.		
5	BRMH is responsible for all outpatient and inpatient mental health Emergency Services that are needed regardless of where the Emergency Medicaid Condition occurred or was treated. However, in outpatient hospital emergency rooms, BRMH is only responsible to pay for Emergency Services furnished by a psychiatrist.		
	Payment to psychiatrists who are not BRMH providers shall not exceed the lower of:	a	The psychiatrist's usual and customary charge.
		b	The applicable Medicaid fee-for-service rate, or
c		The rate BRMH pays its subcontracted providers.	
6	BRMH shall not limit what constitutes an Emergency Medical Condition on the basis of lists of diagnoses or symptoms.		
	<b>PRUDENT LAYPERSON STANDARD</b>	a	BRMH shall pay for Emergency Services where the presenting symptoms are of sufficient severity that a person with average knowledge of (mental) health and medicine would reasonably expect the absence of immediate medical attention to result in placing the health of the individual (or with respect to a pregnant woman, the health of the woman or her unborn child) in serious jeopardy, serious impairment to bodily functions, or serious dysfunction of any bodily organ or part.
		b	BRMH shall not deny payment for treatment obtained when a Medicaid Enrollee had an Emergency Medical Condition, including cases in which the absence of immediate medical attention would not have had the outcomes specified in the definition of Emergency Medical Condition.
		c	In situations where a hospital demonstrates that Emergency Services related to an Emergency Medical Condition were received during an inpatient psychiatric admission, then BRMH shall reimburse the hospital in accordance with the above Emergency Service provisions.
7	The attending emergency physician or the provider actually treating Medicaid Enrollee is responsible for determining when the Enrollee is sufficiently stabilized for transfer or discharge, and that determination is binding on BRMH.		
8	BRMH shall not refuse to cover Emergency Services because the emergency room provider (psychiatrist), hospital or fiscal agent did not notify BRMH of the Medicaid Enrollee's screening and treatment within ten (10) calendar days of presentation for Emergency Services.		

**BEAR RIVER MENTAL HEALTH SERVICES, INC.**

**Didactic Fragments - Crisis Response Ready Reference**

Bear River Mental Health provides 24 hour/7 day per week crisis response services (Emergency Services) as necessary to mediate issues of distress, disability, and the risks to public safety as related to circumstances that constitute a mental health emergency (threats or acts of harm due to mental illness). Crisis Response Services are defined as both physical and/or verbal interventions needed in response to a mental health emergency.

Referral Source	Response Description	
Community / Phone or Walk-in Referrals	Requests for crisis services via telephone are referred to the appropriate outpatient clinic (Logan, Brigham City, Tremonton) reception for dispatch to staff that are on the crisis response rotation at the time of the call. Walk-in crisis referrals in any of the Center’s outpatient clinic sites will be immediately forwarded to the crisis responder on rotation at the time of the request.	
Service Coordinator / RFS Designee Referrals	When the Service Coordinator determines that a Request for Service (RFS) requires emergent care, the request will be forwarded to the crisis response staff on rotation at the time of the request. The crisis response staff will then conduct a crisis screening via telephone within 30 minutes of the referral from the service coordinator. When the crisis responder determines that the individual is in need of an emergent level of care, the crisis responder will see the individual face-to-face within one hour of that determination.	
Residential and Day Program Referrals	Requests for crisis response services by residential staff are considered equivalent to a hospital emergency department request. Crisis response staff may provide residential staff with any verbal support or instruction as determined necessary and appropriate to the situation at hand. Following any verbal response, the crisis responder may proceed to the residential facility as expediently as possible for further assessment and intervention as determined necessary, unless residential staff, in the exercise of personal judgment, determine that a physical response is unnecessary.	
Hospital / Emergency Department Referrals	Crisis referrals generated from a local hospital emergency department may be forwarded to the crisis responder on rotation at the time of the referral. Crisis responders should contact the hospital emergency department within 30 minutes of the referral to provide crisis consultation as determined necessary and appropriate	
Field Referrals	Any staff who determines or makes an assessment that a mental health emergency situation exists while they are in the field (i.e., client’s home, general community venue, etc.) may contact local law enforcement for crisis assistance. In addition, crisis response staff do not respond in the field at the request of law enforcement due to the volatile and unpredictable nature of crisis situations. Law enforcement are invested with appropriate authority to take persons into the custody of a local mental health authority and to transport such individuals to a designated facility (hospital emergency department) of the local mental health authority, where BRMH crisis response staff can further evaluate the individual. Furthermore, as stated previously, crisis contacts with opposite sex individuals should be conducted in public settings such as the Center’s clinic sites or facilities, or in hospital settings such as the emergency room, and not privately (e.g., in the home of the client).	
Jail / Juvenile Detention Referrals	The Center may provide mental health services to incarcerated county residents, which services shall include 24-hour crisis response at the request of correctional staff from either county jail or juvenile detention facilities. Additionally, in such facilities, Center staff may disclose protected health information to the correctional institution or a law enforcement official having lawful custody of an inmate or other individual, if the institution or official represents that such disclosure is necessary for:	
	<b>a</b>	The provision of health care to the inmate or other individual;
	<b>b</b>	The health or safety of such individual or other inmates;
	<b>c</b>	The health and safety of the officers or employees of or other at the facility;
	<b>d</b>	The health or safety of such individuals and officers or other persons involved in the transportation of inmates or detainees from one facility to another or other setting;
	<b>e</b>	Law enforcement on the premises of the correctional or detention facility, and
<b>f</b>	The administration and maintenance of the safety, security, and good order of the correctional or detention facility	



**1h) Children/Youth 24-Hour Crisis Care**

*Form A1 – FY15 Amount Budgeted: \$29,000*

*Form A1 – FY16 Amount Budgeted: \$23,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

Crisis services for children and youth will continue to be provided primarily as a direct service and not under subcontract as necessary to assist clients who are experiencing immediate and/or debilitating or life threatening complications as a result of serious mental illness.

Children and youth crisis services will continue to be available seven days a week, 24 hours per day and 365 days a year for FY 2016. During regular business hours, a selection of outpatient staffs in each clinic site will continue to rotate crisis coverage Monday through Friday. For evenings, weekends, and holidays, clinicians who are certified as mental health officers for the State of Utah will fulfill the crisis coverage assignment, again on a rotating schedule. Pagers and cellular phones will be utilized by crisis service staff to allow for quick communication and response to all crisis service requests. Also, during routine office hours, crisis staff will maintain a flexible work schedule that ensures the possibility of an immediate response to any mental health emergency situation. Assigned crisis staff will be capable of managing child and youth mental health emergencies and, when necessary, will be trained in the process of making referrals to the Center's inpatient resources as previously described.

As indicated previously, assigned crisis staff is trained and capable of managing both child and adult mental health emergencies. However, the Center's network of clinical providers with crisis experience and expertise is widespread throughout the community and particularly in each of the school districts in Box Elder and Cache Counties. Mental health therapists, case managers and behavior managers work closely with school personnel to assist in the service delivery system to insure children receive needed services, including crisis services, in in-vivo environments.

Additionally, Center personnel are involved in children and youth crisis assessments, service referral, and disposition/placement consultation on an on-going basis with community partners such as the Local Interagency council, juvenile courts, and DCFS.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

As with other outpatient services, crisis and emergency management services for children and youth may show minimal increases or decreases in delivery and utilization as area population demographics and Medicaid eligibility rates similarly increase or decrease. However, no significant budget change is anticipated with respect to crisis services for children and youth.

**Describe any significant programmatic changes from the previous year.**

As with adult crisis services specified above, the Center's 24-hour crisis or emergency response system is not expected to expand either geographically or programmatically in FY 2016.



**1i) Adult Psychotropic Medication Management**

*Form A1 – FY15 Amount Budgeted: \$875,000*

*Form A1 – FY16 Amount Budgeted: \$873,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

Psychotropic medication and medication management are direct services provided to accomplish the assessment, prescription, monitoring, adjustment, delivery, coordination, administration, and supervision of psychopharmacological treatment.

The mental health center's medication prescription and management providers are approved by the Department of Occupational and Professional Licensing (DOPL). Where possible and appropriate, the Center's medical staff will work in consultation and coordination with primary care providers to better meet overall client medication treatment needs as well as attend to and promote client wellness through routine monitoring and measurement of client physiological statistics on every medication management appointment conducted at the Center's outpatient clinics.

The Center will continue to offer a variety of options for medication administration and monitoring, including daily and weekly medicine packaging, medication pickup and delivery, and direct observation of medication utilization as determined necessary and appropriate to the clinical needs of the client. Psychotropic medication management services will also remain available as needed for crisis services after hours. These services will be provided by a team of medical practitioners including a psychiatrist, and an advanced practice registered nurse. Medication related services will be available to all mental health center clients, who are determined to be in need of psychopharmacological treatment.

Where possible and appropriate, the Center's medical staff will work in consultation and coordination with primary care providers to better meet overall client medication treatment needs as well as attend to and promote client wellness through routine monitoring and measurement of client physiological statistics on every medication management appointment conducted at the Center's outpatient clinics.

Additionally, direct access to medication management and prescription services provided by the Center's physician and APRNs are available at Logan, Brigham City, and Tremonton outpatient clinic sites and may be accessed from other locations through the Center's tele-health system.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

Expected increases in med management service utilization are the same as described in the outpatient and other service sections represented previously where projected changes generally follow changes in population statistics and Medicaid eligibility rates. However, overall costs relative to medication management are not expected to significantly change from FY 2015.

**Describe any significant programmatic changes from the previous year.**

No significant programmatic changes relative to medication management are planned or anticipated for FY 2016 in this service area.

**Form A – Bear River Mental Health Budget Narrative**

**1j) Children/Youth Psychotropic Medication Management**

*Form A1 – FY15 Amount Budgeted: \$159,750*

*Form A1 – FY16 Amount Budgeted: \$162,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

As described in the adult section above, psychotropic medication and medication management services will be provided as well to the Center's child/youth populations in order to accomplish a full range of psychopharmacological mental health treatment. These services are provided by a medication management team of professionals in consultation and coordination with each client's personal treatment team.

The Center's medication management team includes Medical Assistants, Registered Nurses, Advance Practice Registered Nurses, and physicians. Physician staff includes one Internal Medicine physician. The Center's Physician, although not board certified in child psychiatry, nevertheless provides prescriptive services for children and youth as well as adults.

As with adult medication management services, where possible and appropriate, the Center's medical staff will work in consultation and coordination with primary care providers to better meet overall client medication treatment needs as well as attend to and promote client wellness through routine monitoring and measurement of client physiological statistics on every medication management appointment conducted at the Center's outpatient clinics.

Additionally, direct access to medication management and prescription services provided by Center physicians and APRNs are available at Logan, Brigham City, and Tremonton outpatient clinic sites and may be accessed from other locations through the Center's tele-health system.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

Expected increases in med management service utilization are the same as described in the outpatient and other service sections represented previously; such changes generally follow changes in population statistics and Medicaid eligibility rates. As with the adult population, overall costs relative to medication management are not expected to significantly change from FY 2015.

**Describe any significant programmatic changes from the previous year.**

No significant programmatic changes with respect to medication management services are planned or projected for FY 2016.

**1k) Adult Psychoeducation Services and Psychosocial Rehabilitation**

*Form A1 – FY15 Amount Budgeted: \$980,000*

*Form A1 – FY16 Amount Budgeted: \$980,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

The adult psychosocial programs both in Brigham City (Brigham City House) and Logan (Bear River House) will continue throughout FY 2016 as currently developed. These programs are patterned after the recovery model as the predominant rehabilitative perspective. The recovery model and approach to changing client attitudes, values, skills and/or roles, developing new life meaning and purpose, as well as regaining social function despite limitations of mental illness will continue to be the practical focus of this service.

As established several years previous, adult psychosocial programs are organized into three recovery oriented program tracks (Foundation, Gateway, and Transitions) designed to address the issues of mental health recovery and functional living as described below:

- (1) The Foundation Track is designed to meet the needs of consumers with profound cognitive, social, and functional limitations. This track focuses on functional survival and targets remedial social skills, daily living skills, and protective skills such as basic medication management and symptom maintenance necessary to promote community tenure and avoid institutionalization.
- (2) The Gateway Track is conceptualized as a gateway to wellness, and will continue to focus on an intermediate level of functional coping skills, functional living skills, and functional rehabilitative activities designed to enhance functional assertion.
- (3) The Transitions Track is designed for the advanced consumer and follows the Personal Development for Life and Work curriculum and is focused on the work of functional mastery.

This program also utilizes the modalities of psychoeducation, support groups, and experiential rehabilitative activities in the process of preparing consumers for social, recreational, educational, and vocational community reintegration. Overall, psychosocial rehabilitation follows a developmental cycle that incorporates conceptual, contextual, experiential, and referential phases as illustrated below.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

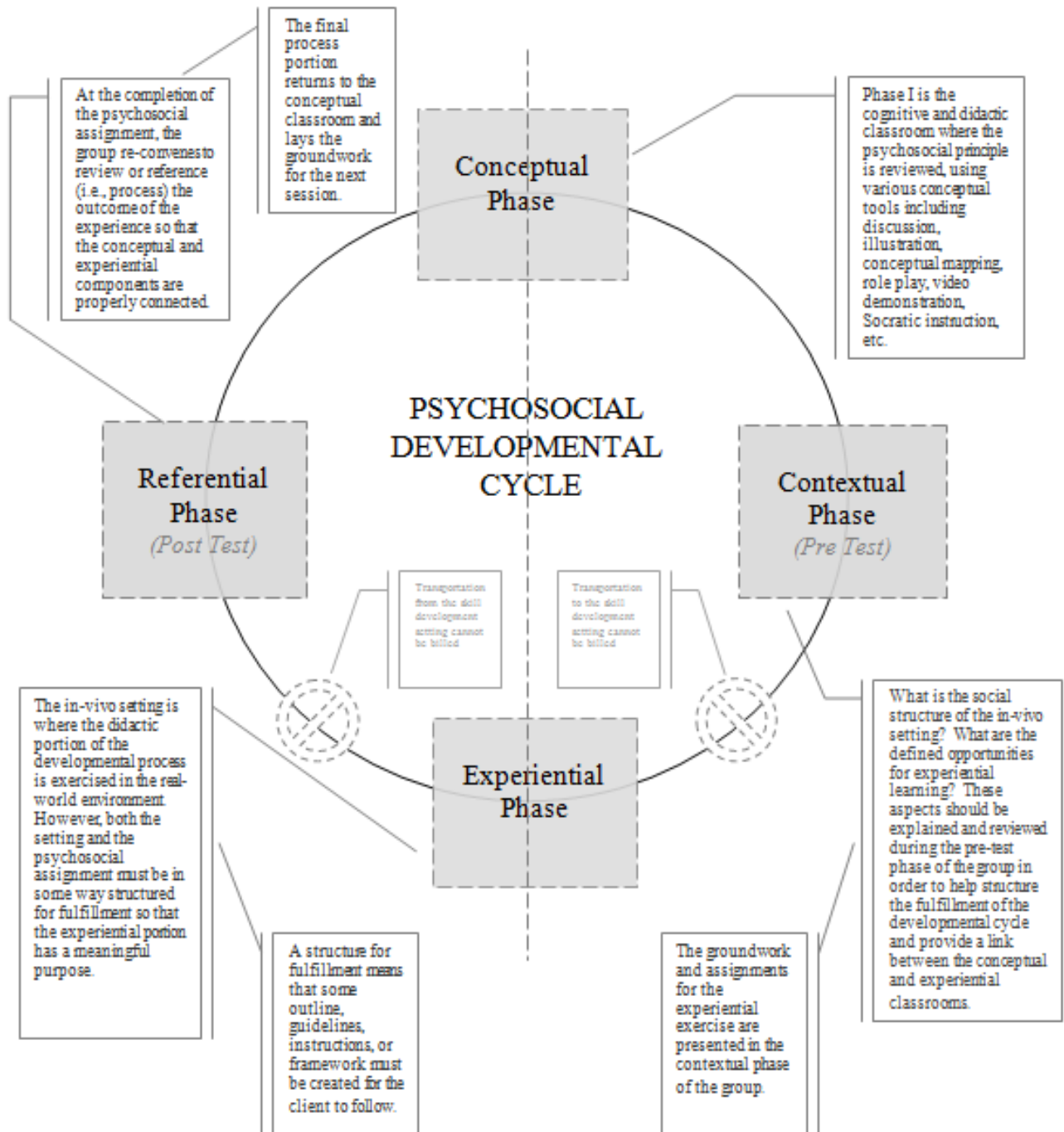
Expected increases in psychoeducation and psychosocial rehabilitation service utilization are the same as described in the outpatient and other service sections represented previously; such changes generally follow changes in population statistics and Medicaid eligibility rates.

**Describe any significant programmatic changes from the previous year.**

No substantive programmatic changes are planned in this service area for FY 2016.

# CONCEPTUAL TOOLKIT

## PSYCHOSOCIAL REHABILITATION - DEVELOPMENTAL CYCLE



**11) Children/Youth Psychoeducation Services and Psychosocial Rehabilitation**

*Form A1 – FY15 Amount Budgeted: \$311,000*

*Form A1 – FY16 Amount Budgeted: \$310,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

Psychosocial rehabilitation for children and youth will continue as a direct service to be provided through a network of Skills Development Specialists. Children’s service staff will employ both individual and group formats for skills training and development that will address basic living, communication, and interpersonal competencies as related to the predominate family, school, and social environments of children and youth.

In addition, the mental health center plans to continue the delivery of psychosocial rehabilitative services in FY 2016 for children and youth during the school session and in the interim through a summer psychosocial skills curriculum. These services are provided in all outpatient service sites located in Brigham City, Logan, and Tremonton, as well as in school sites in all three service area counties.

All psychosocial rehabilitative services are applied to reduce psychiatric symptomatology, decrease unnecessary psychiatric hospitalizations, decrease maladaptive behaviors, increase personal motivation, enhance self-esteem, and help clients achieve the highest level of functioning possible.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

Increased service population and utilization or service delivery in the areas of both psychoeducation and psychosocial rehabilitation is not currently anticipated, and no geographical program expansion is planned for FY 2016.

**Describe any significant programmatic changes from the previous year.**

No significant programmatic changes are planned for FY 2016.

**Form A – Bear River Mental Health Budget Narrative**

**1m) Adult Case Management**

*Form A1 – FY15 Amount Budgeted: \$655,000*

*Form A1 – FY16 Amount Budgeted: \$653,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

For FY 2016, case management services will continue with the primary goal of assisting clients (adult, child/youth) and families to access additional community services and resources in an effort to help manage the functional complications of mental illness. Primary case management activities will include assessment and documentation of the client's need for resources and services; development of a written case management service plan; linking clients with needed services and resources; coordinating the actual delivery of services, monitoring quality, appropriateness and timeliness of the services delivered, as well as monitoring client progress and review and modification of the case management service plans and objectives as necessary.

Additional activities will often involve finding and maintaining housing resources, obtaining medical or dental services, linking with the Department of Workforce Services or Social Security Administration relative to the acquisition of benefits and entitlements, advocating for educational opportunities, and/or coordinating and facilitating inpatient hospital discharge.

Case management services will continue to be available throughout the Center's tri-county catchment area, although predominately delivered in Logan, Brigham City, Garden City, Tremonton and neighboring communities, to those clients who would benefit from and require assistance in coordinating, monitoring, and linking to community services and resources. These services are open to all mental health center clients based upon medical necessity as determined by a formal needs assessment.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

Expected increases in case management service utilization are the same as described in the outpatient and other service sections represented previously; such changes generally follow changes in population statistics and Medicaid eligibility rates. However, overall costs relative to case management are not expected to significantly change from FY 2015.

**Describe any significant programmatic changes from the previous year.**

No significant programmatic changes with respect to case management services are planned or projected for FY 2016.

**1n) Children/Youth Case Management**

*Form A1 – FY15 Amount Budgeted: \$192,000*

*Form A1 – FY16 Amount Budgeted: \$192,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

Case management services in FY 2016 for children and youth will mirror those described above in most respects with the general exception of income and housing supports. Primary case management activities, as with adult consumers, will include assessment and documentation of the client's need for resources and services; development of a written case management service plan; linking clients with needed services and resources; coordinating the actual delivery of services, monitoring quality, appropriateness and timeliness of the services delivered, as well as monitoring client progress and review and modification of the case management service plans and objectives as necessary.

Case management services will continue to be available to children and youth, as with adults, throughout the Center's tri-county catchment area. These services are predominately delivered in the Logan, Brigham City, Garden City, Tremonton clinic sites as well as in neighboring communities, to those clients who would benefit from and require assistance in coordinating, monitoring, and linking to community services and resources.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

Expected increases in case management service utilization are the same as described in the outpatient and other service sections represented previously; such changes generally follow changes in population statistics and Medicaid eligibility rates. However, overall costs relative to case management for children and youth are not expected to significantly change from FY 2015.

**Describe any significant programmatic changes from the previous year.**

Programmatic aspects of case management as well as the scope and methods of service delivery will continue unchanged for FY 2016.



**Form A – Bear River Mental Health Budget Narrative**

**1o) Adult Community Supports (In home, housing, respite services)**

*Form A1 – FY15 Amount Budgeted: \$38,000*

*Form A1 – FY16 Amount Budgeted: \$35,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

In-home supports such as skills development, behavior management, and personal services will continue to be provided directly by BRMH to seriously and persistently mentally ill (SPMI) adults by case management and skills development service providers. Psychotherapy support services may be provided outside of the clinic either in home or in community settings such as local nursing homes, as determined necessary and appropriate to help eliminate barriers to service access.

Additionally, the mental health Center currently has an established housing network consisting of several apartment complexes located in Logan (Gateway 6-plex apartments) and Brigham City (Snow Park Village and Box Elder Commons) that provide semi-independent housing supports for eligible consumers who have transitional living needs. However, the Logan six-plex facility is under contract for sale at years end and current occupants are in process of re-locating to other low income resources in the community. With sale of the Center's Logan apartment complex, efforts will be made to explore alternative Center-sponsored housing options, likely through contracted lease agreements with private property owners.

Adult respite services are also available to families housing adult SPMI clients on a limited basis through the Center's 24-hour residential facility, where the client can be placed on a short-term basis to allow the family a brief period of rest and regeneration.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

No new transitional housing resources are expected to be acquired during FY 2016, although utilization and demand for such services may increase relative to increases in service population. However, as referenced in the previous Adult Residential Care section, Bear River Mental health has completed its new 24-hour residential facility on site of the Bear River House (adult psychosocial rehabilitation facility) located at 88 West 1000 North in Logan.

The new facility includes single occupancy bedrooms, improved bath and shower rooms, expanded kitchen and dining area, dedicated medication room, separate staff bathroom, and expanded common living areas not historically available in its previous facility.

**Describe any significant programmatic changes from the previous year.**

No significant programmatic changes with respect to community supports are planned or projected for FY 2016.



**Form A – Bear River Mental Health Budget Narrative**

**1p) Children/Youth Community Supports (In home, housing, respite services)**

*Form A1 – FY15 Amount Budgeted: \$70,000*

*Form A1 – FY16 Amount Budgeted: \$70,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

In-home supports such as skills development, behavior management services will continue to be provided to severely emotionally disturbed (SED) children by case managers and skills development specialists throughout the Center's service in Box Elder, Cache and Rich Counties. In addition, respite services will continue to be provided to children classified as seriously emotionally disturbed (SED). This service will provide families with temporary relief from the stress of managing difficult children and adolescents by providing structured activities and supervision of the child or adolescent during the respite period. Respite allows for children and families to have a planned break from one another which is often a vital key to maintaining children in their homes and communities.

Families receiving respite services are also provided additional supportive services to assist them in coping with special needs youth. Child and adolescent programs and staff also provide a variety of community support and involvement through partnership arrangements with the Division of Child and Family Services, the Division of Youth Corrections, the Juvenile Justice System, local School Districts, and other local entities invested in the integration of mental health services with community support resources.

Although personal services may be included within the community support category, typically these services involve assistance with instrumental activities of daily living (IADL), including marketing, maintenance of the living environment, income management, and other activities necessary to live independently in the community. As such, these services are generally applicable to adult clients and therefore not provided per se to children and youth.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

No significant increase or decrease in either service population or budget allocation is projected for this service category for FY 2016.

**Describe any significant programmatic changes from the previous year.**

No significant programmatic changes are planned for FY 2016.

**Form A – Bear River Mental Health Budget Narrative**

**1q) Adult Peer Support Services**

*Form A1 – FY15 Amount Budgeted: \$30,000*

*Form A1 – FY16 Amount Budgeted: \$55,081*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

Peer Support services were initiated in FY 2013 in Box Elder County and represent face-to-face services provided by a Peer Support Specialist for the primary purpose of assisting in the rehabilitation and recovery of adults with serious and persistent mental illness (SPMI). Through coaching, mentoring, role modeling, and as appropriate, using the peer support specialist's own recovery story and experience as a recovery tool, Center client's may be assisted with the development and actualization of their own individual recovery goals.

Center staff employed in other positions (i.e., Case Manager, Skills Development Specialist, etc.) may also provide adjunct peer support services within the scope of their job description if they also meet the qualifications of a Peer Support Specialist (i.e., in recovery for SPMI and completion of required training).

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

Bear River Mental Health, in Executive and Supervisory discussion, has determined to pursue the hiring of a Peer Support Specialist to serve the Cache County area. It is anticipated that this position will likely provide for services at 10 hours per week. The recruitment for a Peer Support Specialist will adhere to the Center's standard recruitment process and include posted announcements on the Center's external website, internal announcement box, as well as postings through local media outlets.

A formal Peer Support job description has been developed as represented below, and pending the scheduling and organization of the next state sponsored Peer Support certification training, Bear River Mental Health will move forward toward the hiring of a Cache County Peer Support Specialist position. Currently, given the significance of the Center's participation in the First District Mental Health Court program, its expansion into Box Elder County, and the Center's participation in the Justice Reinvestment Initiative, and that program's interest in the development of a mental health court mentoring system, the Center is planning for the recruitment of a Forensic Peer Support Specialist who can effectively serve both general and mental health court consumer populations, thereby broadening the application and utilization of the peer support role. These expansions in recruitment are expected to increase related funding by approximately \$25,000.00.

**Describe any significant programmatic changes from the previous year.**

The introduction of forensic peer support services as part of the Justice Reinvestment Initiative and the implementation of an adult mental health court program in Box Elder County as described above represent programmatic changes anticipated for FY 2016.

**BEAR RIVER MENTAL HEALTH SERVICES, INC.**

<b>POSITION TITLE:</b>	<b>Forensic Peer Support Specialist</b>	<b>Supervisor:</b>	<b>Clinical Supervisor</b>
<b>DEPARTMENT:</b>	<b>Clinical</b>	<b>FLSA CLASSIFICATION:</b>	<b>Non-Exempt</b>

**EDUCATIONAL AND/OR PROFESSIONAL REQUIREMENTS:**

High School Diploma, State of Utah Peer Specialist Certification, and graduation from First District Mental Health Court program. Have a history of Severe and Persistent Mental Illness, currently well-grounded in own recovery, with at least a year since diagnosis of mental illness. Be willing to share one's own recovery experience with clients and staff. Clearance through State of Utah Background and Criminal Investigation check. Clear driving record.

**AREAS OF RESPONSIBILITY (Duties include but not limited to):**

<b>% Time</b>	<b>80</b>	<b>Peer Support - Face-to-face (occasional telephone contact)</b>
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<b>Direct Billable</b>	<b>RECOVERY SPECIFIC DUTIES</b>
	Utilize his/her unique recovery experience to teach and role model the value of every individual's recovery experience, and assist mental health court participants and other consumers to articulate personal goals for recovery, determine reasonable and holistic steps toward recovery, identify barriers to recovery goals, identify personal strengths in daily living, help reinforce positive progress toward recovery goals, help address criminogenic risk factors and facilitate appropriate mental health court phase advancement.
	<b>SKILLS SPECIFIC DUTIES</b>
	Teach consumers problem-solving skills and how to identify and combat negative self-talk as well as how to identify and overcome fears. Support the vocational choices consumers make and assist them in overcoming job/educational related anxieties and conflicts. Assist consumers in building social skills by demonstrating self-responsibility. Support consumers in maintaining effective coping and self-help techniques. Assist consumers transitioning from Hospital/Residential placement back into the community. Utilize crisis intervention skills. Use inclusive, culturally appropriate language and attitudes with all clients and staff. Assist as needed in transitional support services (agency to agency change), when a client is transferring between agencies or levels of care. Assist in the orientation of clients to the mental health court program as well as community and mental health agencies and services.
	<b>AGENCY SPECIFIC DUTIES</b>
	Assist staff in identifying program elements that are supportive or destructive to recovery. Attend treatment team meetings as necessary. Attend treatment appointments as negotiated by consumer and/or treatment team. Maintain appropriate professional boundaries with consumers and avoid dual relationships within the community. Support treatment team objectives and strategies. Meet job expectations as specified in the Employee Handbook (if applicable).
	<b>≈ 8 hrs / week</b>

<b>% Time</b>	<b>20</b>	<b>Secondary Activities include but are not limited to:</b>
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<b>Non-billable</b>	Complete up-to-date quality service documentation including accurate time sheet records with appropriate service codes and progress notes by 30 minutes past closing of the next business day in the Center's automated clinical records system. Obtain approval from immediate supervisor on any and all leave taken. Attend supervision appointments and team and organizational meetings as scheduled. Maintain an automated schedule, reflecting the FTE availability within Center hours, in order to be consistently available and visible to Center staff and clients. Prepare materials for groups. Attend trainings within, and outside of the Center for job development.
	<b>≈ 2 hrs/ week</b>

**OTHER SKILLS, ABILITIES, AND EXPECTATIONS:**

<ul style="list-style-type: none"> <li>● Completion of 20 hours of continuing education annually to maintain certification.</li> <li>● Knowledge and strict adherence to confidentiality law and policy related to all client and Center sensitive information.</li> <li>● Effective oral and written communication skills</li> <li>● Teaming skills for effective interoffice relations and for working with others in client treatment.</li> <li>● Computer literacy and skills for operation of automated medical records, email, scheduling, etc.</li> <li>● Timeliness with schedule including whereabouts, arrival to work, attendance at meetings, and client appointments.</li> <li>● Positive attitude related to job expectations, supervision, Center policies and procedures, etc.</li> <li>● Flexible hours to meet client and/or Center needs.</li> <li>● Conduct expected tasks safely, uphold Center safety policies, and report perceived safety issues to appropriate sources.</li> </ul>
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I understand that this is a description of what is minimally expected of me in my role at BRMHS, Inc. I agree to complete these functions to the best of my ability.

Employee Signature						Date	
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**Form A – Bear River Mental Health Budget Narrative**

**1r) Children/Youth Peer Support Services**

*Form A1 – FY15 Amount Budgeted: \$0*

*Form A1 – FY16 Amount Budgeted: \$0*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

As indicated above, Peer Support is a face-to-face service provided by a Peer Support Specialist for the primary purpose of assisting in the rehabilitation and recovery of individuals with serious mental illness. With respect to children and youth, peer support services are provided to their respective parents/legal guardians as appropriate to the child's age and clinical need. Through coaching, mentoring, role modeling, and as appropriate, using the peer support specialist's own recovery story and experience as a recovery tool, the parent or legal guardian of children and youth may be assisted with the development and actualization of their child's own individual recovery goals.

As Family Resource Facilitators generally have first-hand experience living with a child or loved one who has emotional, behavioral, or mental health challenges and are trained in the Utah Family Coalition Policy Training curriculum and as Certified Peer Support Specialists, Family Resource Facilitators may at times provide peer-to-peer support in the course of their Center-related responsibilities, subsequently, clients may be referred to the Family Resource Facilitator or other peer support specialist as determined necessary and appropriate.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

Currently, the Center is not budgeting peer support services for children and youth, and although this service may fit within the context of the Family Resource Facilitator, as yet family resource facilitation time is not being billed under peer support, although this may be a consideration in the future.

**Describe any significant programmatic changes from the previous year.**

No programmatic change in children and youth peer support is planned for FY 2016.

**Form A – Bear River Mental Health Budget Narrative**

**1s) Adult Consultation & Education Services**

*Form A1 – FY15 Amount Budgeted: \$0*

*Form A1 – FY16 Amount Budgeted: \$0*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

Bear River Mental Health is committed to maintaining its commitment to community partnerships and collaboration in FY 2016. Center staff continue to participate as mental health system consultants in a number of community forums and activities such as local nursing home advisory, marriage and family therapy advisory, Juvenile Justice Center participation, as well as involvement with a number of community agencies which focus on adult protective and safety issues such as Aging and Adult Services, as well as the Cache County Health Council. Consultation and education in these capacities are administratively rolled into staff responsibilities and not carved out into separately budgeted activities.

Bear River Mental Health also plans to continue its participation with the local Community Abuse Prevention Services Agency (CAPSA) administration in partnership efforts focusing on education, training, and consultation needs relative to CAPSA employees and services. Presently, Center administrative and clinical staffs also continue to meet with the Northern Utah's Choices Out of Violence coalition (NUCOV) on a weekly basis as this collaborative project proceeds.

In addition, the mental health center provides frequent consultation and education with families and individuals concerning involuntary mental health procedures, as well as general information about mental health related issues provided to local community and religious groups.

Additionally BRMH staff sits on the local health department board as well as the board of the Cache Valley Community Health Clinic (free clinic, not the local FQHC), and participates as an active member of the Cache Valley Homeless Council which meets regularly under the auspices of Bear River Association of Governments in order to address the issues, needs, and resources relative to problems of homeless in Cache County.

Finally, Bear River Mental Health will continue its participation on the planning and steering committees of the First District Mental Health Court, First District Drug Court, and Friends of Mental Health Court organizations involved in mental health systems programming, funding, and community liaison activities.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

No significant increase or decrease in either applied funding or individuals served is projected relative to this particular service area for FY 2016, with the exception of some increased activity with respect to the Friends of Mental Health Court organization subsequent to the expansion of the mental health court program in Box Elder County.

**Describe any significant programmatic changes from the previous year.**

No significant programmatic changes are planned for FY 2016.

**Form A – Bear River Mental Health Budget Narrative**

**1t) Children/Youth Consultation & Education Services**

*Form A1 – FY15 Amount Budgeted: \$100,231*

*Form A1 – FY16 Amount Budgeted: \$100,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

With respect to children and youth, Bear River Mental Health will continue its valued established valued relationships with other community and state agencies in the tri-county area and will make every effort to be a contributing member to the community. The Center’s children’s services team consistently links and coordinates with schools, social agencies, and State entities in Box Elder, Cache, and Rich counties and has placed service staff on location in local school systems.

Also, children’s services staff meet regularly with Local Interagency Councils and as part of juvenile mental health court teams in both Brigham City and Logan to coordinate and discuss service systems issues, enhance collaborative relationships, conduct interagency problem-solving, provide case consultation, plan for Department of Human Services (DHS) custody dispositions, as well as develop and coordinate mental health service planning for justice-involved children and youth.

Additional agency and community consultation and education relative to children and youth also occurs at the administrative level by assignment through the Center’s executive and supervisory structure.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

Consultation and education with respect to children and youth is primarily representative of the Center’s activity in local school districts. No significant increase or decrease in either budget or individuals served is projected relative to this particular service area for FY 2016.

**Describe any significant programmatic changes from the previous year.**

No significant programmatic changes are planned in this area for FY 2016.

**Form A – Bear River Mental Health Budget Narrative**

**1u) Services to Incarcerated Persons**

*Form A1 – FY15 Amount Budgeted: \$50,000*

*Form A1 – FY16 Amount Budgeted: \$50,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

For FY 2015, Bear River Mental Health will continue to provide services within the local county jails. Currently, mental health professionals are assigned to both the Box Elder and Cache County jails where they offer at least two hours of clinical service time each week apart from any crisis service contacts or emergency interventions. Clinical services relative to Rich County jail inmates is provided upon request of correctional staff. Clinical services provided within the correctional facilities may include mental health assessment, crisis assessment and intervention, psychotherapy, behavior management, and medication consultation generally.

The Center's forensic mental health services are provided to incarcerated county residents. Each week the correctional staff at both Box Elder and Cache County jails provides a list of inmates who are requesting to see a mental health professional. In addition, staff of each county jail may specifically request that a mental health professional meet with a particular inmate for assessment of mental health problems and risk of harm subsequent to observations of correctional officers.

BRMH staff is also actively engaged in conducting mental health court eligibility assessments in the Cache County Jail on a routine basis. Additionally, many Cache County inmates are diverted each year from the correctional setting through the interception efforts accomplished through the First District Mental Health Court program to which BRMH staff participate as mental health court committee members and liaisons between the mental health authority and the court.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

No significant increase or decrease in either budget or individuals served is projected relative to this particular service area for FY 2016.

**Describe any significant programmatic changes from the previous year.**

No significant programmatic changes are planned in this service category for FY 2016. However, considerations may be undertaken for some expansion of services within county corrections facilities in the future relative to the Justice Reinvestment Initiative (JRI) once the Center completes its provisional set of JRI implementations identified for FY 2016.



**1v) Adult Outplacement**

*Form A1 – FY15 Amount Budgeted: \$10,000*

*Form A1 – FY16 Amount Budgeted: \$10,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

As in previous years, BRMH has identified the barrier of supportive housing as a critical factor that potentially threatens the timely transition of the state hospital or acute hospital patient into less restrictive living environments. To manage this threat, the Center has endeavored to maintain its 24-hour residential facility to in part serve as both an inpatient pre-admission as well as a transitional discharge facility for adult SPMI clients referred from both acute inpatient settings as well as the Utah State Hospital.

In support of this transitional resource, the Center has, and does, utilize outplacement funds to cover the facility's room and board costs for state hospital clients during their initial and/or subsequent trial leave periods prior to state hospital discharge as well as for the month following their formal institutional release. In this way the client is provided an adequate safety net and shelter resource, including meals, laundry, controlled medication delivery, and functional support while efforts are initiated to acquire appropriate benefits and entitlements that will enable the client to progress toward functional independence and the establishment of community tenure. However, despite the general utilization of outplacement funding relative to the situation above, the Center recognizes that other barriers may at times exist that could also hinder the timely discharge of state hospital patients, and is equally committed to the application of these funds to effectively manage such barriers as they may be identified on a case-by-case basis.

Additionally, since the distribution of outplacement funding via formula, overall the Center has encountered minimal difficulty in our ability to timely transition appropriate state hospital clients back into the community once they have been placed on the state hospital discharge list.

Currently, outplacement funds identified on the formula allocation sheet in the Area Plan are inclusive of a larger aggregate of funds relative to various funding subsets (e.g., IMD funding), and are utilized according to identified need. The Center's funding posture with respect to outplacement support is one of fiscal flexibility, whereby funds needed to resolve barriers to State Hospital discharge are available and applied as necessary in any given case.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

No significant increase or decrease in either applied funding or individuals served is projected relative to this particular service area for FY 2016.

**Describe any significant programmatic changes from the previous year.**

Programmatic changes relative to outplacement resources are not expected to significantly change for FY 2016.



**Form A – Bear River Mental Health Budget Narrative**

**1w) Children/Youth Outplacement**

*Form A1 – FY15 Amount Budgeted: \$5,000*

*Form A1 – FY16 Amount Budgeted: \$6,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

Outplacement funds have predominately been utilized to subsidize family contact and support of children and youth through reimbursement of transportation costs to and from the Utah State Hospital. This has facilitated the increased frequency of family involvement necessary to provide for the appropriate transition of children and youth back into community-based care.

Additionally, outplacement resources for children and youth may at times be used to fund transitional placements where state hospital pre-discharge clients live with a professional parent family and are engaged in a higher level of care and support in a structured home. This, in combination with periodic home visits with their family of origin to practice “in vivo” the skills learned in the professional home and in the hospital prior to formal discharge, are further benefits of the outplacement funding program.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

No significant increase or decrease in either applied funding or individuals served is projected relative to this particular service area for FY 2016.

**Describe any significant programmatic changes from the previous year.**

Programmatic changes relative to outplacement resources for children and youth are not expected to significantly change for FY 2016.

**Form A – Bear River Mental Health Budget Narrative**

**1x) Unfunded Adult Clients**

*Form A1 – FY15 Amount Budgeted: \$65,000*

*Form A1 – FY16 Amount Budgeted: \$80,000*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

In addition to the unfunded 2.7 school project described relative to children and youth in the narrative section below, the mental health center has identified additional domains for indigent/uninsured funding support for the following populations:

- Eligible individuals in local correctional settings who are intercepted and diverted from incarceration through the First District Mental Health Court program.
- Individuals currently under a court order of involuntary commitment to the custody of the local mental health authority for treatment. Without exception, such individuals are eligible for all medically necessary mental health services regardless of funding.
- 24 hour on-call emergency (crisis) services to area residents upon request irrespective of funding will continue to be provided.
- Services in county jails as statutorily mandated will continue as currently delivered. These services typically involve brief crisis/risk assessments and brief diagnostic assessments for population management and are provided irrespective of funding.
- Medicaid disability determination and PSARR evaluations.
- Mental health service delivery to those individuals eligible under, and consistent with, the requirements of any grant funding obtained through state, federal, or private entities throughout the life and availability of the grant resources.
- Mental health evaluations for non-Medicaid drug court participants via referral from the First District Drug Court program as far as possible and practical without unduly compromising the Center's Medicaid/non-Medicaid service ratio.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

Overall there is no significant increase or decrease in either applied funding or individuals served projected relative to this particular service area for FY 2016, however, more is budget for adults than children and youth in this area given the Center's historical service pattern since FY 2014.

**Describe any significant programmatic changes from the previous year.**

Programmatic changes relative to unfunded adult clients are not expected to significantly change for FY 2016.

**Form A – Bear River Mental Health Budget Narrative**

**1y) Unfunded Children/Youth Clients**

*Form A1 – FY15 Amount Budgeted: \$167,980*

*Form A1 – FY16 Amount Budgeted: \$157,517*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

The integrated mental health delivery system for uninsured and underinsured individuals within the Box Elder County, Cache County, Rich County, and Logan school districts initiated in FY 2008 will continue in FY 2016 as previously implemented. This project currently utilizes two full time clinical FTEs at a minimum Masters level and is funded through a State appropriation of \$170,000.00.

Clinicians involved with this project work in collaboration with school administrations and counselors and schedule available clinical time on-site with schools in each of the above referenced districts. This approach is viewed as both an access and delivery point for children and youth as well as parents/families of the students engaged in the on-site mental health services.

Additionally, children and youth involved in the area's juvenile mental health court program, irrespective of funding, fit within the Center's service priority and are eligible for participation in the Center's sliding-fee payment schedule where existing insurance coverage does not include all services considered medically necessary, or where the client is private pay.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

No significant increase or decrease overall in either applied funding or individuals served is projected relative to this particular service area for FY 2016, although the budget change reflects an increase in total funding applied to adults and less for children and youth as consistent with the Center's current service pattern.

**Describe any significant programmatic changes from the previous year.**

Programmatic changes relative to services and resources for unfunded children and youth are not expected to significantly change for FY 2016.

**Form A – Bear River Mental Health Budget Narrative**

**1z) Other Non-mandated Services**

*Form A1 – FY15 Amount Budgeted: \$0*

*Form A1 – FY16 Amount Budgeted: \$0*

**Describe the activities you propose to undertake and identify where services are provided. For each service, identify whether you will provide services directly or through a contracted provider.**

As referenced previously, the mental health center currently is participating with the Bear River Health Department subsequent to grant funding received by the health department relative to the development of a community-wide suicide prevention system.

Additionally, Bear River Mental Health provides direct clinical supervision services to Utah State University social work interns currently providing social skills training within the Box Elder County school district.

**Justify any expected increase or decrease in funding and any expected increase or decrease in the number of individuals served.**

Although participation in the above activities increases supervisory staff time and effort, such time is not budgeted separately.

**Describe any significant programmatic changes from the previous year.**

No significant programmatic changes are projected in this area for FY 2016.

## **2. Client Employment**

Increasing evidence exists to support the claim that meaningful employment is an essential part of the recovery process and is a key factor in supporting mental wellness. In the following spaces, please describe your efforts to increase client employment in the following areas:

### **• Competitive employment in the community**

Two particular areas within the service array of Bear River Mental Health devote specific attention to the supportive factors of employment that underlie the recovery process and the perpetuation of mental health and wellness. From the standpoint of functional rehabilitation, the Center's adult psychosocial program "Transitions Track" provides concerted efforts to address the issues of community re-integration and focused attention on skills development relative to areas of life and work directly applicable to employment settings and employer - employee relationship skills. This program track helps adult consumers prepare for integration into the competitive workforce. Furthermore, Center case management staffs within the rehabilitative service system assist consumers to access workforce services, vocational rehabilitation, and other employment oriented resources to help facilitate opportunities for competitive employment as well. This rehabilitative service focusing on functional mastery and transition into community-based employment will continue without substantive programmatic change throughout FY 2016.

Secondly, the local mental health court program for justice-involved clients incorporates practical expectations of participation which include the area of productive activity. Mental health court participants, in each phase of the program, must engage in some form of work related activity, which may include volunteer work, sheltered employment, supported employment, supportive employment, or gainful employment. The expectation of productive activity is scalable to the functional level of the participant, however, where possible, competitive community employments are encouraged as a key factor in the process of mental health recovery and a hedge against criminal recidivism.

### **• Collaborative efforts involving other community partners**

As indicated previously in the FY 2015 Area Plan, the Center's administrative staff continues its collaborative partnerships with CAPSA, Utah State University's Center for Persons with Disabilities (CPD), Options for Independence, Family Institute of Northern Utah, local homeless council, and area nursing homes, for example. This collaborative effort is designed to focus on the needs of survivors of domestic violence with mental health impairments as well as the problem of sexual assault of women with mental health and intellectual disabilities. Recently, Bear River Mental Health has expanded its partnerships to include participation with the Northern Box Elder County Suicide Prevention Coalition. Additionally, extensive collaboration with criminal justice partners (e.g., district court, county attorney, defense attorney, law enforcement, AP&P, etc.) continues relative to the Center's involvement with local mental health and drug courts, civil commitment system, and will be further enhanced through the Center's participation in the FY 2016 Justice Reinvestment Initiative.

The mental health center will also continue its efforts to strengthen its support and partnership with the Utah Alliance for the Mentally Ill in FY 2016 by continuing its co-location of UAMI in its Logan outpatient clinic as well as the location of NAMI offices in its Brigham City day program facility. From the standpoint of an inclusive perspective, Bear River Mental Health conceptualizes the Center as a resource facility which can accommodate community associates who have an allied relationship with the public mental health system.

- **Employment of consumers as staff**

Currently, the Center continues to employ consumers in its Bear River House adult day program. These employments, although time-limited so as to allow more consumers an opportunity for a supportive work experience, provide a valued entry level employment as a springboard to competitive employment in the community.

Additionally, consumer peer specialist positions are planned in both Cache and Box Elder Counties to begin in FY 2016. These considerations include a Forensic Peer Support Specialist within the context of the Justice Reinvestment Initiative, functioning in support of both justice-involved and general mental health populations as the Center moves forward to fulfill this consumer support need in FY 2016.

- **Peer Specialists/Family Resource Facilitators providing Peer Support Services**

For FY 2016 the Center will maintain its subcontract with Allies with Families for a Family Resource Facilitator (FRF) consistent with the recommendation and support of DSAMH. This individual will continue to provide advocacy and partnership services for families of mentally ill children and youth in accessing family resource needs and linking with agencies or other community supports to fulfill identified needs. The family resource facilitator position is continued on a part time basis in Cache County and the facilitator is trained to understand family concerns, systems of care, confidentiality, and family resource delivery.

- **Evidenced-Based Supported Employment**

As represented in FY 2015, supported employment as a comprehensive approach to vocational rehabilitation involving employment specialists, employment assessments, job training, job coaching, and ongoing support to maintain employment, is in part, a function of vocational rehabilitation services under Title I of The Rehabilitation Act Amendments of 1973 (P.L. 99-506). The mental health center currently does not employ an employment specialist as part of the mental health treatment team; however, the Center does provide medical and mental health service components as a system of integrated treatment services that provide clinical support relative to consumer employment. Subsequently, fidelity ratings relative to employment specialists, vocational assessments, job coaching, etc., are not currently applicable.

Targeted planning consistent with an Employment First emphasis relative to the provision of mental health services in order to explore partnerships and/or resources, to create supportive and other employment supports and further develop a culture of employment as part of a comprehensive system of care still remains a Center objective for FY 2016, and efforts will be made to incorporate more formal consumer assessment of employment strengths and needs as part of the Center's implementation of its new electronic record system anticipated in September 2016.

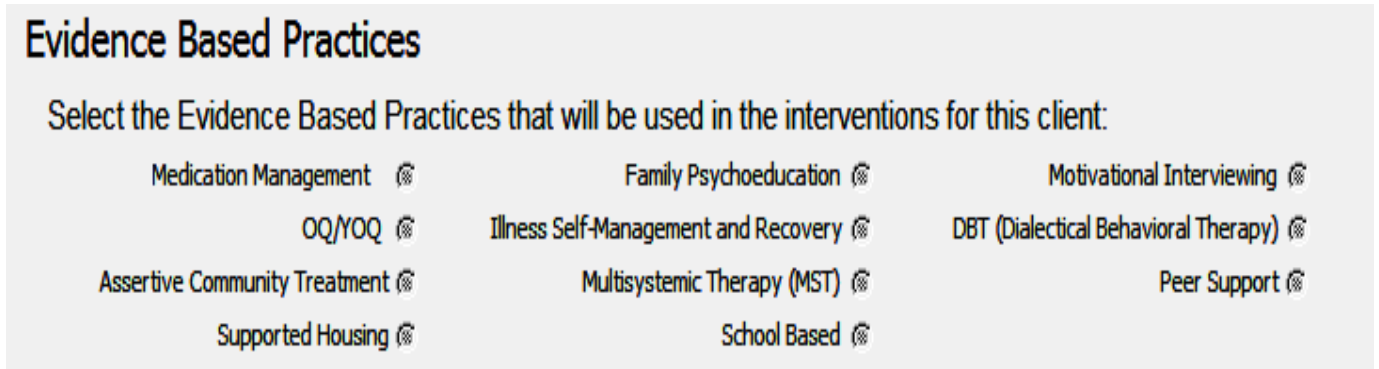
Additionally, as referenced previously, the Center's psychosocial rehabilitative service and its Transitions Track program directs specific efforts toward the customization of strength-based approaches to obtaining employment, development of partnerships with potential employers, maximization of appropriate consumer-based employment training opportunities, as well as advocacy and facilitation, where possible, particular to gainful or other community employment opportunities.

### **3. Quality and Access Improvements**

Identify process improvement activities including implementation and training of:

#### **• Evidence Based Practices**

Bear River Mental Health continues to support and periodically sponsors clinical staff trainings on evidenced based therapeutic approaches to mental health treatment. Also, incorporated within the Center’s treatment planning document, as illustrated below, is an Evidenced Based Practice selection box which both prompts and directs clinical attention to a consideration of EBPs that the clinician intends to apply in the treatment and care plan for each client. The selection box highlights those EBPs of which the Center is actively engaged. This strategy to cue evidenced related practice models serves to shape clinical practice in this direction as well as inform clinical staff of relative treatment options.



With respect to the implementation and integration of evidenced-based practices relative to the issue of systemic and systematic application center-wide. For FY 2016, as indicated previously, BRMH plans to expand the initiation of peer support services in Cache Valley. In preparation for the formal advance of this practice model, the Center has created and adopted a specific peer-support employment description and job posting to be initiated pending notification of the next Peer Support certification training scheduled in 2016.

#### **• Outcome Based Practices**

Outcome measurement and evidence-based practice are complementary activities as both efforts contribute to the support and maintenance of quality health care. The use of technology, medications, and other interventions ideally should be based on sound scientific evidence of efficacy and effectiveness in clinical practice. As measurement of clinical outcome can decidedly contribute to and strengthen the process of improving clinical practice BRMH periodically provides training to its provider staff relative to the OQ and YOQ outcome-based instruments.

The furtherance of these efforts to incorporate evidence and outcome based practice into the Center’s service philosophy and delivery and to continue utilization and analysis of OQ and YOQ instruments specifically, are considered critical and instrumental to the issues of quality improvement and the Center will continue these efforts in FY 2016.

• **Increased service capacity**

Funding for children’s mental health early intervention has resulted in the expansion of service to school-based populations specifically in 14 schools within Box Elder and Cache county school districts within the Center’s geographical service area in FY 2015 and this expansion will be maintained in FY 2016. Additionally, service capacity to justice-involved individuals will be expanded in FY 2016 through the implementation of a mental health court program scheduled for operation in Box Elder County beginning September 2016. This program, in combination with the Justice Reinvestment Initiative, will broaden screening, assessment, and recovery support services for mentally ill offenders throughout the Box Elder County service area.

• **Increased access for Medicaid and Non-Medicaid funded individuals**

Through the development of specific unfunded service priorities (e.g., mental health court, civil commitment, crisis, grant funded populations, etc.) Bear River Mental Health has effectively expanded service access to additional recipients beyond the Medicaid population and will maintain these priorities through FY 2016.

• **Efforts to respond to community input/need**

Established community partnerships and coalitions as described previously represent direct efforts to keep abreast of community input relative to mental health service needs and development of appropriate response options. Specific efforts have been made to approach long-term care facilities and the Center for Persons with Disabilities in particular, to receive feedback regarding mental health service needs within these entities. These efforts will continue in FY 2016 with the intent to develop policy, procedure, and community practice standards that will improve the Center’s working relationships in the local community.

• **Coalition development**

As specified in previous sections, BRMH is actively involved in a variety of ways, and with a variety of community entities, in development of several interdependent and collaborative partnerships. These associations with entities such as the local Health Department, NAMI, First District Court, CAPSA, Utah State University, Cache Valley Homeless Council, Cache Valley Community Health Clinic, Friends of Mental Health Court, and others, are planned to continue through FY 2016.

**Describe process for monitoring subcontractors**

With respect to subcontractor monitoring, the Center’s Corporate Compliance Officer or designee is assigned to conduct formal annual reviews of these providers to ensure compliance with both technical and substantive elements of mental health service documentation and client progress. At present, a monitoring schedule and a timely notification system has been implemented through the Center’s Executive Assistant to help ensure the completion of subcontract monitoring as required by both DSAMH and Medicaid. The Center’s annual reviews may include client record reviews and record audits utilizing its internal peer/record review system and/or an applicable Subcontractor Compliance Monitoring Worksheet and checklist including verification of appropriate credentialing, background screenings, checks against federal excluded parties’ lists, etc.



**In areas designated as a Health Professional Shortage Areas (HPSA) describe programmatic implications, participation in National Health Service Corp (NHSC) and processes to maintain eligibility**

Bear River Mental Health has maintained National Health Service Corps eligibility in our Logan and Brigham City offices for many years. In the previous year (2014), we additionally obtained eligibility relative to the Center's Tremonton facility. One of the implications of providing services in HPSA areas is the difficulty in recruitment and retention of competent staff. The Center has found by experience that being an eligible National Health Service Corps site, helps attract competent individuals, who are seeking assistance in student loan repayment. This program has worked exceptionally well for Bear River Mental Health to the benefit of both the Center and community alike.

Furthermore, the Center's role has been to maintain site eligibility, to notify our staff of the particular benefits of this program, and to include this information with the Center's job postings. In support of this program the Center has hosted auditors, utilized applicable websites, and provided any and all information necessary when requested. Such information has included fee schedules, policies, patient demographic and service data, and clinician service hours, for example..

**• Other Quality and Access Improvements (if not included above)**

## 4. Integrated Care

### **How do you integrate Mental Health and Substance Abuse services in your Local Authority area? Do you provide co-occurring treatment, how?**

For many years mental health and substance abuse treatment services have been provided by separate entities within the geographical area of the District 1 Local Mental Health Authority. Currently there is no comprehensive system of integration between mental health and substances abuse services. However, in Box Elder County, the Center's Tremonton facility, co-locates mental health, physical health, and substance abuse services, and represents the first shared endeavor in the integration of health care services in the tri-county area, with the exception of existing FQHC facilities. The potential for further integration is enhanced by the collaborative relationships currently established through both drug and mental health courts, where mental health and substance abuse providers work together to address the service needs of justice involved individuals. Integration between mental health and substance abuse will likely be further enhanced through the Justice Reinvestment Initiative, which will require additional interdependent collaboration and planning.

### **Describe partnerships with primary care organizations or Federally Qualified Health Centers.**

The planning, development, construction, and completion of the mental health center's Tremonton facility, which co-locates mental health, physical health, and substance abuse services, was an interdependent partnership between Bear River Mental Health and the local health department. Also, an existing FQHC organization was approached and engaged in the planning process in order to include a broader health care component and subsequently the facility was constructed with supplementary capacity for physical health care services. Additionally, Bear River Mental Health maintains a contracted relationship with the Bear Lake and Cache Valley Community Health Centers, an existing FQHC organization located both in Rich and Cache counties. These health centers serve as a referral source for unfunded county residents in need of physical and mental health services and also provide some subcontracted mental health services for Medicaid enrollees.

### **Describe your efforts to ensure that clients have their physical, mental and substance use disorder treatment needs met.**

Bear River Mental Health has revised its brief substance abuse survey component of the mental health evaluation tool to reflect a more critical item inventory designed to assist clinicians in identifying substance abuse issues and prompting appropriate referrals to the Bear River Drug and Alcohol treatment entity, whereas previously there was less impetus on the critical need for substance service referral.

The Center must further design and implement a formal substance abuse referral system as well as consider placement of a substance abuse service provider, on a part time basis, within the Center's Cache and Box Elder outpatient clinics for ease of referral for further substance abuse assessment and treatment.

With respect to the physical health care needs of Center clients, coordination between mental health and physical health care predominately functions relative to case management services. Case managers are consistently involved with client health care referrals as well as linking, monitoring, and coordination of health care services with local providers. This is in addition to medical team consultations and referrals to primary care providers when significant health care treatment issues are identified in the Center's service population.

## **Integrated Care Cont.**

**Recovery Plus: Describe your efforts to ensure health and wellness by providing education, treatment, support and a tobacco-free environment.**

Bear River Mental Health has endeavored to advance its focus and attention on the pressing issues of health and wellness as related to its consumer population for co-occurring illness, understanding the trends of morbidity and mortality in the severely mentally ill where research has established excess rates of mortality in this population with especially high rates in the adult population versus the elderly.

Numerous studies document disproportionate physical morbidity and premature death among people with serious mental illness. Although suicide remains an important cause of mortality for this population, cardiovascular disease is the leading cause of death. Cardiovascular death among those with serious mental illness is 2 to 3 times that of the general population. This vulnerability is commonly attributed to underlying mental illness and behavior.

With respect to FY 2016, the Center's adult day programs will spearhead activities directly addressing smoking cessation and health/wellness strategies. The Brigham City House program has previously supported formal staff education and training in smoking cessation and periodically conducts smoking cessation groups as part of its psychosocial rehabilitation program which will continue through the 2016 fiscal year.

Additionally, Center staffs have participated in periodic training and certification through the state health department in learning a standard curriculum from Stanford University that focuses on "Living a Healthy Life with Chronic Conditions" which teaches self-management of physical and mental health conditions. For FY 2016, the Center will continue to provide this specific six week curriculum to fidelity once every six months during the year. In the interim between the curriculum sessions, the program will offer weekly support group sessions utilizing the chronic conditions textbook.

FY 2016 marks the third anniversary of the Brigham City House program's initiation of a smoke-free treatment campus.

Additionally, the Center's Bear River House adult psychosocial rehabilitation program in Logan also conducts weekly health and wellness and exercise groups and will continue these programmatic efforts throughout FY 2016 in the interest in promoting consumer development and adoption of healthy lifestyle change as an inclusive part of an overall system of care.

Furthermore, the Center's Bear River House program plans to continue sponsorship of staff training and certification in smoking cessation as well as the development and implementation of smoking cessation psychosocial groups in further support of the development and promotion of a culture of health and wellness.

**5a) Children/Youth Mental Health Early Intervention**

**Describe the Family Resource Facilitation with Wraparound activities you propose to undertake and identify where services are provided. Describe how you intend to partner with other Department of Human Services child serving agencies. For each service, identify whether you will provide services directly or through a contracted provider.**

The Center’s early intervention program, consistent with its assurance to abide by the Mental Health Early Intervention Resource Facilitation and Wrap-around agreement, is designed as a school-based mental health delivery system which expands services into local schools between Box Elder and Cache County utilizing mental health therapists and case management staff.

BRMH has added a Family Resource Facilitator to the Logan Outpatient Clinic subsequent to TANF funding and contracted through Allies with Families. Services will be based out of the Logan office but may also be provided in the community as needed.

**Include expected increases or decreases from the previous year and explain any variance.**

As reflected in the previous year’s Area Plan, early intervention, comprising generally case management and psychotherapy, are aspects of outpatient services described previously. Although increases or decreases in this service area may be generally reflected in their respective category descriptions in previous sections of the Area Plan, which are typically dependent on population growth and Medicaid eligibility rate increases, in this instance, the Center anticipates early intervention services within this category to remain essentially the same as the previous year, without significant increase or decrease relative to schools involved, staff assigned, or numbers served.

**Describe any significant programmatic changes from the previous year.**

The early intervention service as currently planned for FY 2016 does not represent any significant programmatic change from the previous year.

**Do you agree to abide by the Mental Health Early Intervention Family Resource Facilitation and Wraparound Agreement?**

As indicated above, Bear River Mental Health is supportive and committed to this agreement.

**5b) Children/Youth Mental Health Early Intervention**

**Describe the Mobile Crisis Team activities you propose to undertake and identify where services are provided. Please note the hours of operation. For each service, identify whether you will provide services directly or through a contracted provider.**

Currently, Bear River Mental Health has not developed or implemented a formal mobile crisis team service, although some exploration of the concept, function, and feasibility of such an operation is currently under consideration, as Center staff have approach other mental health centers who are engaged in this activity for input on issues and problems encountered. At present, the inclusion of this modality for FY 2016 is uncertain at best.

**Include expected increases or decreases from the previous year and explain any variance.**

N/A

**Describe any significant programmatic changes from the previous year.**

N/A

**Describe outcomes that you will gather and report on.**

N/A

**5c) Children/Youth Mental Health Early Intervention**

**Describe the School-Based Mental Health activities you propose to undertake and how you intend to support family involvement in treatment. For each service, identify whether you will provide services directly or through a contracted provider.**

BRMH works with several school districts within all three county areas to provide in school services to at risk students in elementary and secondary schools. Parents are invited to team with school and agency personnel to help students who are struggling with a variety of social and emotional problems that impact their educational success, promote their overall mental health, and prevent students from needing out of home treatment.

Individual therapy and family therapy are offered during the school day, at homes, or in the office environment by a mental health therapist. A mental health assessment with a follow up treatment plan is developed in conjunction with children and family members.

Each child that becomes a client as a result of activities in the school will receive regular contact with the clinician and/or the case manager assigned to the case. Where needed, outreach services extend to the home or other places in the community. Each child will be assessed and receive the medically necessary services indicated based on the severity of their situation. Specific activities include individual therapy, meds (only provided in office), case management, psychosocial rehabilitation. BRMH will be the sole provider of services.

**Include expected increases or decreases from the previous year and explain any variance.**

It is difficult to anticipate how many children will be referred in for services each year. Variables include school personnel “buy off”, parental permission and involvement, length and severity of issues, Center limitations due to funding. However, at present no significant increase or decrease is expected for FY 2016 in this area.

**Describe any significant programmatic changes from the previous year. (Please e-mail DSAMH a list of your current school locations if there have been changes from last year).**

No significant programmatic or school location changes with respect to early intervention services are projected for FY 2016.

**Describe outcomes that you will gather and report on.**

Generally, outcomes are relative to the Early Intervention Grant questionnaire and reflect self-report and parental report of progress each client is making. Also school-based data includes: Grade point average, office disciplinary referrals, on target for graduation, suspensions, truancy, absenteeism, tardiness, etc. This information should demonstrate a positive correlation reflecting improved behavior, lessened emotional distress, and successful school achievement.

## **6. Suicide Prevention, Intervention and Postvention**

**Describe the current services in place in suicide prevention, intervention and postvention.**

### PREVENTION:

Two suicide prevention coalitions exist within Box Elder county with the goal of raising awareness in the community and working toward community prevention solutions. A coalition at the northern part of the county has focused on a “town hall meeting” where community members could learn about the problems of suicide in the community. This coalition consists of community mental health, public health, local hospital and medical providers, schools, local government and interested community members and initiated a well-attended “town hall meeting” where community members, local government, medical providers, schools and agencies learned about the problems of suicide in the community. This forum is currently planned as an annual event which will continue to raise awareness in this rural area where resources and awareness are identified obstacles to preventing suicide. Additionally, this coalition has sponsored a remembrance walk, a monthly meeting, and is working on a media campaign featuring local families affected by suicide. A second coalition at the southern end of the county involves the application of a grant that provided training in suicide prevention via *Question Persuade Refer*, an evidenced based practice.

Additionally, the Center’s Early Intervention grant is utilized in Box Elder and Cache counties to provide school based psycho-education, case management, and psychotherapy services designed to prevent self-harming behaviors in youth identified within the school setting. Consequently, Referral to community partners and resources that may reduce psychosocial stressors associated with suicidal ideation is readily available to school-based populations.

### INTERVENTION:

Crisis/suicide intervention services are available during business hours at Bear River Mental Health outpatient clinics. A crisis intervention hotline number is accessible for telephone consult with a crisis clinician after business hours. Bear River Mental Health consults regularly with community partners who may identify someone at risk for self-harm.

### POSTVENTION:

All persons seen by BRMH crisis workers are referred for follow up by BRMH staff or community partners. Medicaid clients and clients in the Center’s identified priority populations may receive additional supports from BRMH to assure that they receive postvention services that address the risks, strategies, and interventions targeted toward the suicidal recidivism.

## **Suicide Prevention, Intervention and Postvention**

**Describe the outcome of FY15 suicide prevention behavioral healthcare assessment, due June 30 2015, and the process to develop a policy and implementation plan to establish, implement and monitor a comprehensive suicide prevention plan.**

BRMH treatment staff has been trained on the Columbia Suicide Severity Rating Scale (C-SSRS), although to date the use of this instrument has been at staff discretion. Additionally, Box Elder staffs have been trained in the evidenced-based Question, Persuade, Refer model relative to suicide prevention. All persons who present for services at BRMH are assessed for risk of self-harm and harm to others as part of the mental health assessment. At risk clients are discussed in weekly intervention staffings, and outreach services are offered to those identified as needing additional assessment and support.

For FY 2016, BRMH will be involved in a statewide performance improvement project relative to suicide screening and safety planning further utilizing the C-SSRS. Beginning July 2015, the C-SSRS study instrument will be included within the Electronic Health Record as part of the initial client assessment and existing client re-assessments and treatment plan updates. With the electronic availability of the C-SSRS instrument and corresponding electronic data entry, baseline data collection and measurements will be initiated starting July 2015 through standard electronic data queries. Data collection relative to the C-SSRS study instrument will be managed by the Center's Information Technology staff comprised of, (1) the Center's Director of Information Technology, (2) Network Specialist, and (3) IT Administrative Assistant.

**Describe your collaboration with emergency services to coordinate follow up care after emergency room visits for suicide related events; both general collaboration efforts as well as specific efforts for your clients.**

Crisis staffs coordinate with local emergency services and assist in post treatment follow-up and care. The Center endeavors to offer and schedule follow-up appointments within 1 to 7 days of emergency room and/or inpatient treatment.

Additionally, crisis workers, when involved directly in emergency room assessments at the Brigham City Community Hospital, assure that those seen in the emergency room leave with a crisis safety plan and discharge plan with BRMH or another appropriate community provider. Also, regular collaboration with Logan Regional Hospital staff takes place in a monthly meeting between the Center's Clinical Supervisor and the Logan Regional Hospital Behavioral Health Unit (LRH-BHU) Director. Additionally, Center staff attends the LRH-BHU unit clinical team meeting on a weekly basis to discuss and coordinate post-discharge follow-up care relative BRMH clients or potential clients. Finally, although Logan Regional Hospital social work staff are responsible to manage emergency room assessments of psychiatric admissions, the Center has in place a consultation agreement, whereby the hospital's social work staff covering the hospital emergency room may obtain consultation and collaboration relative to any BRMH-related emergency room admission, including involuntary cases. BRMH clients also may receive additional mediation and support directed toward prevention, intervention and postvention related to suicidal circumstances, such as direct case management, clinical telephone contact, as well as transportation assistance as needed to ensure that clients receive attention and care to help resolve the emotional, behavioral, and situational concomitants of suicidal conflicts.



## 7. Justice Reinvestment Initiative

### **Identify the members of your local Implementation Team**

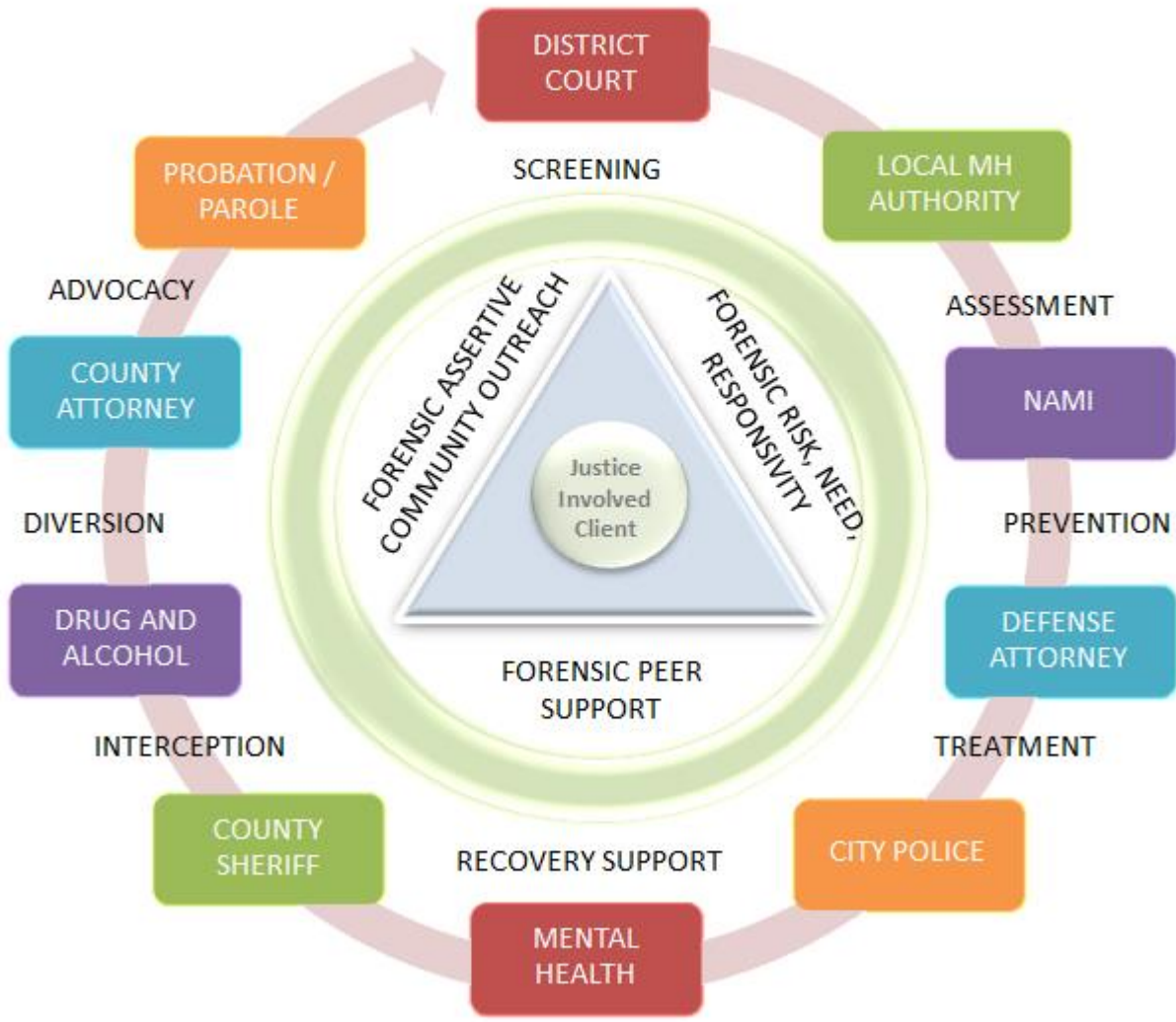
In response to the 2015 criminal justice reform statute requiring DSAMH in conjunction with local mental health and substance abuse authorities, within the context of each authority's Area Plan, to identify and engage key community stakeholders in local planning and implementation processes centered around the justice reinvestment initiative, the following represents a provisional proposal relative to the District 1 Local Mental Health Authority. Local stakeholders including, District Court representatives, Corrections, Adult Probation and Parole, Cache County and Box Elder County jail representatives, Cache and Box Elder County Attorneys, County Commissioners, mental health and substance abuse treatment providers, and Bear River Health Department representatives convened on April 13, 2015 in the Cache County Council Chambers for discussion and initial planning with respect to the statutory provisions on justice reinvestment.

At present, the First Judicial District Court, in conjunction with the above listed stakeholders, currently operates a mental health court program located in Cache County and a pending sister program is planned for implementation in Box Elder County beginning September 2015. These programs target mentally ill offenders for interception and engagement in mental health, substance abuse, and recovery support services, and have pre-established a coalition of stakeholders equally ideal to the goals and objectives of the Justice Reinvestment Initiative, including allied participation by the local mental health authority through its mental health treatment provider. The initial proposal represented here suggests a re-organization of the existing mental health court teams as Justice Reinvestment Coalitions in these counties in order to establish a broader framework for monitoring, coordination, and development of mental health law programs and procedures associated with justice reinvestment within the First Judicial District.

The expansion of the activities of these mental health court teams to include planning and oversight for justice reinvestment is easily accomplished, whereby each team would be re-conceptualized in the larger context of justice reinvestment with additional subset responsibility as mental health court steering committees. While their function as a mental health court committee would typically require meeting weekly for pre-hearing status conference sessions, their function particular to justice reinvestment could likely be accomplished meeting less frequently, perhaps on a quarterly schedule for planning, development, and assessment relative to activities specifically associated with the justice reinvestment initiative.

The proposal for a multidisciplinary Justice Reinvestment Coalition is illustrated below and depicts involved stakeholders and the constellation of service supports surrounding the justice-involved client considered necessary to meet the targeted goal of reduced criminal recidivism. As portrayed, the coalition is designed as both interactive and interdependent constituting a circle of influence and collaboration with respect to criminal justice reform relative to the first district.

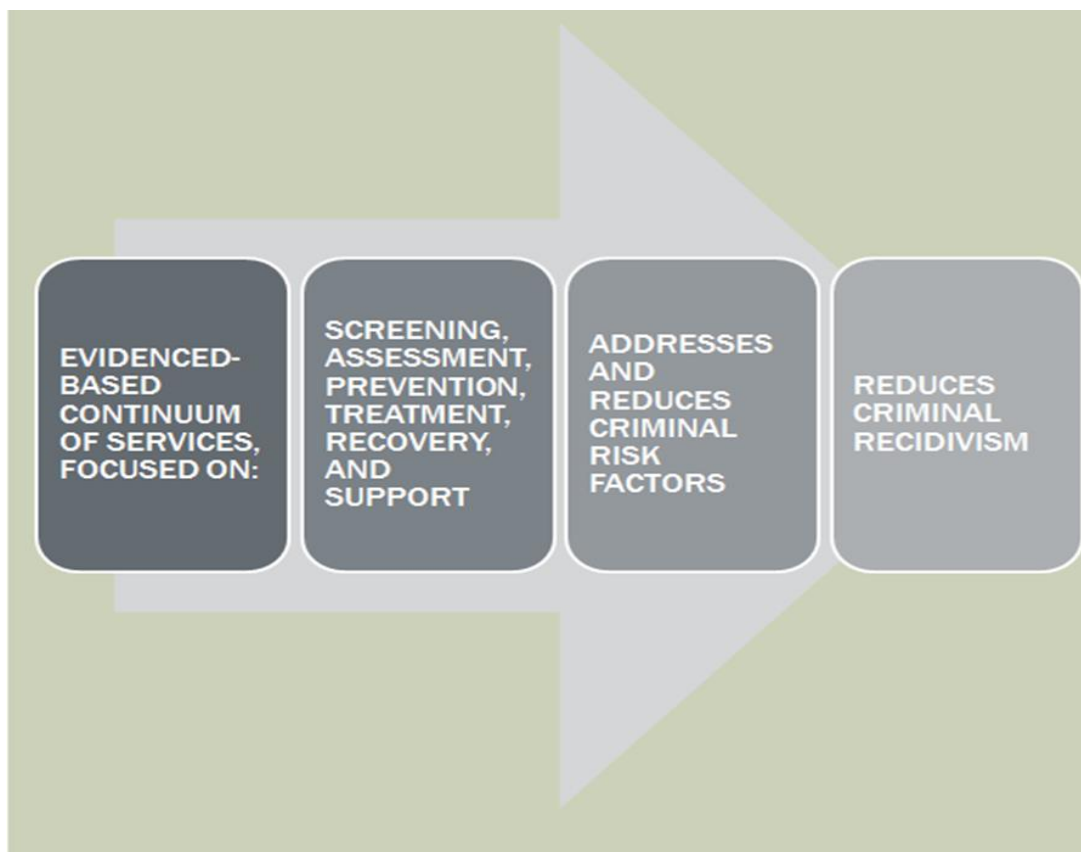
FIRST JUDICIAL DISTRICT  
JUSTICE REINVESTMENT COALITION



**Describe the evidenced-based screening, assessment, prevention, treatment, and recovery support services that also addresses criminogenic risk factors you intend to implement**

Given that the causal relationship between mental illness and criminal conduct is distal in most cases, consequently, the prominent distinction between the general mental health population and the mentally ill offender remains the constituent of criminogenic risk. Unless the factors of such risk are understood, properly assessed, identified, and addressed within the therapeutic context, treatment of mental illness symptomatology alone will not suffice to achieve the goal of reduced recidivism.

The key component of the justice reinvestment initiative focuses on the factors of criminal risk that underlie the problem of criminal recidivism. Typically these factors include pro-criminal associations, pro-criminal attitudes and values, pro-criminal personality features, as well as poor social, educational, leisure, and work histories as well as illicit substance use and abuse.



As represented above, evidenced-based activities of screening, assessment, treatment, and recovery support services, of necessity must incorporate intervention strategies designed to effectively challenge and reshape the patterns of daily living and value development that foster pro-criminal risk.

Therefore, mental health systems engaged in therapeutic work with the mentally ill offender must infuse within its clinical practice model, assessment and treatment planning dedicated to the mediation of criminal risk in addition to the management of functional skill-building and symptom stabilization.

### **Provisional Mental Health Proposal**

In compilation of both justice reinvestment statutory provisions and allocated funding, Bear River Mental Health, as the sole source provider for the District 1 Local Mental Health Authority, proposes the following considerations:

1. Inclusion of the Level of Service Inventory – Revised (LSI-R) as part of the Center’s functional assessment portion of its initial mental health evaluation and as part of its system of 180 day treatment plan reviews.
2. Incorporation of the Risk, Need, and Responsivity (RNR) model into the Center’s clinical practice profile to be utilized specifically with justice-involved clients to address the issues of criminogenic risk.
3. Development and incorporation of a Criminal Risk Action Plan as part of the Center’s treatment planning process for both general and justice-involved clients, based on the RNR practice model.
4. Incorporation of Moral Reconciliation Therapy (MRT) into the Center’s clinical practice profile, including Center sponsorship of appropriate staff training, education, and certification in MRT.
5. Revision of the Center’s Service Priority Policy for inclusion of justice-involved individuals contingent on Justice Reinvestment Initiative funding for subsidized treatment.
6. Solicitation and employment of a Forensic Peer Specialist contingent on Justice Reinvestment Initiative funding.
7. Reorganization of the Center’s Assertive Community Outreach Team (ACOT) as a Forensic and Assertive Community Outreach Team (FACT) applicable to both the Center’s general mental health population and the mentally ill offender in need of intensive outreach community-based services.

### **Funding**

In part, funding allocated for the Justice Reinvestment Initiative relative to mental health services in the First Judicial District, particular to the considerations itemized above, would include some portion dedicated to treatment subsidies for un-funded justice involved individuals, funding of a Forensic Peer Support Specialist, and some allocation for education and training. However, further efforts will be needed to determine actual funding estimates relative to these categories and projections as to the numbers of additional clients to be served, the Center’s clinical capacity for an increase in service population, the amount of FTE time relative to peer support, costs associated with education, training, and certification, as well as other expenses that may arise as further discussion and planning occurs through organization and implementation of the Justice Reinvestment Coalition.

## **Summary**

Although modest in its initial scope, the above provisional proposal is considered both an introductory, as well as tentative plan, relative to the initial task of building a representative body of stakeholders and introducing a preliminary set of mental health service recommendations for implementation in support of the Justice Reinvestment Initiative within the First Judicial District. However, as the process of planning and development is formalized and moves forward with input from additional stakeholders within the district, the shape of the above plan may be subject to change.

## **Identification of proposed outcome measures**

Although BRMH is in the preliminary stages of participating in a more comprehensive county-wide plan for justice reinvestment, including the identification of the justice reinvestment population and the service relationship between mental health, substance abuse, AP&P, and the county jails, the Center anticipates that outcomes relative to this area will primarily involve criminal recidivism rates.

Additionally, BRMH is considering the utilization of perhaps the DLA-20 functional assessment initially with the justice-involved population and continued periodic re-assessment to track the progress of functional ability over time.

**FORM D**  
**LOCAL AUTHORITY APPROVAL OF AREA PLAN**

**IN WITNESS WHEREOF:**

The Local Authority approves and submits the attached Area Plan for State Fiscal Year 2016 in accordance with Utah Code Title 17, Chapter 43.

The Local Authority represents that it has been authorized to approve the attached Area Plan, as evidenced by the attached resolution or other written verification of the Local Authority's action in this matter.

The Local Authority acknowledges that if this Area Plan is approved by the Utah Department of Human Services Division of Substance Abuse and Mental Health (DHS/DSAMH) pursuant to the terms of Contract # 052440, the terms and conditions of the Area Plan as approved shall be incorporated into the above-identified contract by reference.

LOCAL AUTHORITY

By: Craig W Butters

Name: Craig W Butters

Title: Executive

Date: 5/1/15

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LOCAL AUTHORITY

By: Jeffrey D. Scott

Name: Jeffrey D. Scott

Title: B.E. County Commissioner

Date: May 1, 2015



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LOCAL AUTHORITY

By:   
Name: William E Cox  
Title: Commissioner  
Date: MAY 1 2015